

Cheryl Shannon
Central Region Representative

For the past 8 years, I have been honoured that I have been a Central Region Executive Director to the DBC Board.

I am currently concluding my 4th term as a Director for the Central Region. During that time I have worked with and Chaired the Accreditation, Education and Training Committee. The Committee recently released the revised training programs (Manuals, Presentation Decks and a Facilitator Manual) for the new courses. They include Safe Steering, Instructor, Level One, Two and Three. Along with the Committee I worked with a variety of DBC members who were specialists in their field of study, including Physiology, Mental Training, Learning Styles, Accommodations and Modification to name a few. By working with the High Performance Committee, the Para Dragon Athlete Committee, current facilitators, and other organizations, we have been ensuring that all Instructor and Coaching Courses contain current theories of teaching and learning, great strategies on team-building, respecting equity and inclusion, while ensuring that safety, professionalism and solid technique are at the forefront of every course, thus ensuring that all coaches are trained to a high level of skill, which in turn will make for stronger athletes.

Through these partnerships, we believe we have created new programs that incorporate important information for coaches and steers. In addition, we worked toward mandating completion of Safe Sport Accreditation and mandatory First Aid Training in order to be fully accredited as a Coach, Instructor and Steersperson with DBC.

As an athlete, I have paddled for many years at various levels from recreational to National Team, including as a paddler and a steersperson. Currently I am a member of Evolution – CSDC.

Thank you for your consideration.

Cheryl Shannon