



Canadian Dragon Boat
Championships 2023
Rules for race progressions
July 20 to July 24 2023

Progression rules

When there are **5 or fewer crews** racing in a racing class, all crews in that racing class shall race twice against each other. The times for both races will be added together and sorted. The crew with the fastest time will be placed first, the crew with the second fastest time will be placed second and the crew with the third fastest time will be placed 3rd.

When there are **between 6 and 7 crews** in a racing class, two heats will be run.

Advancement to the finals will be:

- the first place finisher of each heat will progress to the major final in the priority lanes.
- the remainder will be sorted based on time.
- The top two progress to the major final and the remainder to the minor final.

When there are **between 8 and 10 crews** in a racing class two heats will be run.

Advancement to the finals will be:

- the first place finisher of each heat will progress to the major final in the priority lanes.
- the remainder will be sorted based on time.
- The top 3 progress to the major final and the remainder to the minor final.

When there are **between 11 and 15 crews** in a racing class:

- All crews will race in a heat.
- The first and second place finisher of each heat will progress to the premium lanes in the three semifinals.
- The remaining times will be seeded based on time.
- Crews will be seeded into the remaining semi final lanes based on those seeded times.
- The first place finisher of each semifinal plus the two fastest second place finishers will progress to the Grand final.
- The remaining times will be seeded based on time.
- Crews will be seeded into the minor finals based on those seeded times.

2023 Canadian National Championships
Thursday July 20 2023 - 500m + 2k Mixed

Race	Lane	Premier Mixed Standard Heat 1	Place	Time	FLT
1	2				A
	3	H2o Arsenal Pr Mixte			
8:00 AM	4	New Dragons Racing Club			
	5	VIP Gorging Dragons			
	6	Liquid La Prem			
Race	Lane	Premier Mixed Standard Heat 2	Place	Time	FLT
2	2				B
	3	FCRCC Premier Mixed			
8:07 AM	4	True North Hammerheads			
	5	22D Premier Mixed			
	6	Juice			
Race	Lane	Premier Mixed Standard Heat 3	Place	Time	FLT
3	2				C
	3	Cobra Kai			
8:14 AM	4	Outer Harbour Warriors			
	5	NDRC Yellow			
	6				
Race	Lane	BCP Standard Round 1	Place	Time	FLT
4	2	Canal Dragons Hope Floats			A
	3	Dragons Abreast			
8:21 AM	4	Rowbust			
	5	VIP Flat Out			
	6	H2o Seincr'eau			
Race	Lane	Premier Mixed small/BCP Small Round 1	Place	Time	FLT
5	2	EDBRC Premier Mixed			B
	3	pdbc PR			
8:28 AM	4	H2o Arsenal Pr Small Mixte			
	5				
	6	Two Abreast Côte-à-côte			
Race	Lane	Snr B Mixed Standard Heat 1	Place	Time	FLT
6	2				C
	3	H2o Senior B Mixte			
8:35 AM	4	22D Senior B Mixed			
	5	CSDC SR B Mixed			
	6				
Race	Lane	Snr B Mixed Standard Heat 2	Place	Time	FLT
7	2				A
	3	Beast SR B Mixed			
8:42 AM	4	VIP Gorging Dragons			
	5	FLCC Senior B Mixed			
	6				
Race	Lane	18U Mixed Small / Para Standard round 1	Place	Time	FLT
8	2	Canal Dragons ParaDragons			B
	3	22D Junior Whales			
8:49 AM	4	pdbc 18 U			
	5	H2o Fujian Jr Mixte			
	6	22D Junior Shrimps			
Race	Lane	Snr B Mixed Small Round 1	Place	Time	FLT
9	2	ODB Sr B Mixed			C
	3	Ottawa Dragon Masters Senior B Mixed			
8:56 AM	4	EDBRC Senior B Mixed			
	5	pdbc SB			
	6	GLP SR B Mixed			

2023 Canadian National Championships
Thursday July 20 2023 - 500m + 2k Mixed

Race	Lane		Place	Time	
	2				
	3				
9:03 AM	4	Break no race			
	5				
	6				
Race	Lane	Premier Mixed Standard Semi final 1	Place	Time	FLT
10	2				A
	3	T9			
9:10 AM	4	1st Race 1			
	5	2nd Race 2			
	6	T10			
Race	Lane	Premier Mixed Standard Semi final 2	Place	Time	FLT
11	2				B
	3	T8			
9:17 AM	4	1st Race 2			
	5	2nd Race 3			
	6	T11			
Race	Lane	Premier Mixed Standard Semi final 3	Place	Time	FLT
12	2				C
	3	T7			
9:24 AM	4	1st Race 3			
	5	2nd Race 1			
	6				
Race	Lane	BCP Standard round 2	Place	Time	FLT
13	2	Dragons Abreast			A
	3	VIP Flat Out			
9:31 AM	4	H2o Seincr'eau			
	5	Canal Dragons Hope Floats			
	6	Rowbust			
Race	Lane	Premier Mixed/BCP Small round 2	Place	Time	FLT
14	2	H2o Arsenal Pr Small Mixte			B
	3	pdbc PR			
9:38 AM	4	EDBRC Premier Mixed			
	5				
	6	Two Abreast Côte-à-côte			
Race	Lane	18U Mixed Small round 2	Place	Time	FLT
15	2				C
	3	H2o Fujian Jr Mixte			
9:45 AM	4	22D Junior Mixed Shrimps			
	5	22D Junior Mixed Whales			
	6	pdbc 18 U			
Race	Lane	Snr B Mixed Standard Minor Final / Para Standard round 2	Place	Time	FLT
16	2	Canal Dragons ParaDragons			A
	3				
9:52 AM	4	Snr B Mixed Std 5th			
	5	Snr B Mixed Std 6th			
	6				
Race	Lane	Snr B Mixed Standard Major Final	Place	Time	FLT
17	2				B
	3	Senior B Mixed Std 3rd			
9:59 AM	4	Seeded 1st from first place in heats 6 and 7			
	5	Seeded 2nd from first place in heats 6 and 7			
	6	Senior B Mixed Std 4th			

2023 Canadian National Championships
Thursday July 20 2023 - 500m + 2k Mixed

Race	Lane	Snr B Mixed Small Round 2	Place	Time	FLT
18	2	Ottawa Dragon Masters Senior B Mixed			C
	3	GLP SR B Mixed			
10:06 AM	4	pdbc SB			
	5	ODB Sr B Mixed			
	6	EDBRC Senior B Mixed			
Race	Lane	Premier Mixed Standard Minor Final 2	Place	Time	FLT
19	2				A
	3				
10:13 AM	4	T10			
	5	T11			
	6				
Race	Lane	Premier Mixed Standard Minor Final 1	Place	Time	FLT
20	2				B
	3	T8			
10:20 AM	4	T6			
	5	T7			
	6	T9			
Race	Lane	Premier Mixed Standard Major final	Place	Time	FLT
21	2	T5			C
	3	Seeded 3rd from first place in semi finals 10, 11 and 12			
10:27 AM	4	Seeded 1st from first place in semi finals 10, 11 and 12			
	5	Seeded 2nd from first place in semi finals 10, 11 and 12			
	6	T4			
Race	Lane		Place	Time	
	2				
	3				
10:34 AM	4	Break no race			
	5				
	6				
Race	Lane	24U-PS Mixed Standard Heat 1	Place	Time	FLT
22	2				A
	3	TMU Bold			
10:41 AM	4	True North U of T Engineering Iron Dragons Blue			
	5	pdbc 24U-PS			
	6	UBC Current			
Race	Lane	24U-PS Mixed Standard Heat 2	Place	Time	FLT
23	2	University of Waterloo Dragon Warriors			B
	3	22D 24U-PS True Grit Mixed			
10:48 AM	4	NDRC Jade Dragons			
	5	Maki 24U			
	6	Holy Mac-A-Rowni			
Race	Lane	24U-PS Mixed Standard Heat 3	Place	Time	FLT
24	2				C
	3	Rotman Commerce Liquid Assets Teal			
10:55 AM	4	Holy Mac-Row			
	5	Rotman Commerce Liquid Assets Pink			
	6	Golden Hydras			
Race	Lane	Snr A Mixed Standard round 1	Place	Time	FLT
25	2	ODBC Barracudas			A
	3	22D Senior A Mixed			
11:02 AM	4	CSDC SR A Mixed			
	5	H2o Senior A Mixte			
	6	Canal Dragons SA Mixed			

2023 Canadian National Championships
Thursday July 20 2023 - 500m + 2k Mixed

Race	Lane	Snr A Mixed Small round 1	Place	Time	FLT
26	2				B
	3	pdbc SA			
11:09 AM	4	EDBRC SR A Mixed			
	5	3R Senoir A			
	6	H2o Senior A Mixte			
Race	Lane	Snr C Mixed Standard Heat 1	Place	Time	FLT
27	2				C
	3	CSDC SR C Mixed			
11:16 AM	4	pdbc SC			
	5	ODBC Ottawa Dragon Masters SRC Mixed			
	6				
Race	Lane	Snr C Mixed Standard Heat 2	Place	Time	FLT
28	2				A
	3	VIP Gorging Dragons			
11:23 AM	4	Beast SR C Mixed			
	5	Bytown C Mixed			
	6				
Race	Lane	Snr C Mixed Small Round 1	Place	Time	FLT
29	2				B
	3	CSDC SR C Mixed SM			
11:30 AM	4	GLP SR C Mixed			
	5	H2o Senior C Mixte			
	6	22 Dragons Senior C Mixed			
Race	Lane		Place	Time	
	2				
	3				
11:37 AM	4	Break no race			
	5				
	6				
Race	Lane	24U-PS Mixed Standard Semi final 1	Place	Time	FLT
30	2				C
	3	T9			
11:44 AM	4	1st Race 22			
	5	2nd Race 23			
	6	T10			
Race	Lane	24U-PS Mixed Standard Semi final 2	Place	Time	FLT
31	2				A
	3	T8			
11:51 AM	4	1st Race 23			
	5	2nd Race 24			
	6	T11			
Race	Lane	24U-PS Mixed Standard Semi final 3	Place	Time	FLT
32	2				B
	3	T7			
11:58 AM	4	1st Race 24			
	5	2nd Race 22			
	6	T12			
Race	Lane	Snr A Mixed Standard round 2	Place	Time	FLT
33	2				C
	3	22D Senior A Mixed			
12:05 PM	4	Canal Dragons SA Mixed			
	5	H2o Senior A Mixte			
	6	ODBC Barracudas			
	6	CSDC SR A Mixed			

2023 Canadian National Championships
Thursday July 20 2023 - 500m + 2k Mixed

Race	Lane	Snr A Mixed Small round 2	Place	Time	FLT
34	2				A
	3	H2o Senior A Mixte			
12:12 PM	4	pdbc SA			
	5	EDBRC SR A Mixed			
	6	3R Senoir A			
Race	Lane	Snr C Mixed Minor Final	Place	Time	FLT
35	2				B
	3				
12:19 PM	4	Snr C M 5th			
	5	Snr C M 6th			
	6				
Race	Lane	Snr C Mixed Standard Major Final	Place	Time	FLT
36	2				C
	3	Snr C M 3rd			
12:26 PM	4	Seeded 1st from first place in heats 27 and 28			
	5	Seeded 2nd from first place in heats 27 and 28			
	6	Snr C M 4th			
Race	Lane	Snr C Mixed Small Round 2	Place	Time	FLT
37	2				A
	3	22 Dragons Senior C Mixed			
12:33 PM	4	CSDC SR C Mixed SM			
	5	GLP SR C Mixed			
	6	H2o Senior C Mixte			
Race	Lane	24U-PS Mixed Standard Minor Final 2	Place	Time	FLT
38	2				B
	3	T13			
12:40 PM	4	T11			
	5	T12			
	6				
Race	Lane	24U-PS Mixed Standard Minor Final 1	Place	Time	FLT
39	2	T10			C
	3	T8			
12:47 PM	4	T6			
	5	T7			
	6	T9			
Race	Lane	24U-PS Mixed Standard Major final	Place	Time	FLT
40	2	T5			A
	3	Seeded 3rd from first place in semi finals 30, 31 and 32			
12:54 PM	4	Seeded 1st from first place in semi finals 30, 31 and 32			
	5	Seeded 2nd from first place in semi finals 30, 31 and 32			
	6	T4			
Race	Lane		Place	Time	
	2				
	3				
1:01 PM	4	Course Break			
	5				
	6				

2023 Canadian National Championships
Thursday July 20 2023 - 500m + 2k Mixed

Race	Lane	Premier M Standard 2k	Place	Time
41	1	Premier M 11th place		
	2	Premier M 10th place		
1:30 PM	3	Premier M 9th place		
	4	Premier M 8th place		
	5	Premier M 7th place		
	6	Premier M 6th place		
	7	Premier M 5th place		
	8	Premier M 4th place		
	9	Premier M 3rd place		
	10	Premier M 2nd place		
	11	Premier M 1st place		
	12			
Race	Lane	Premier / Snr B Mixed Small 2k	Place	Time
42	1	Premier M 3rd place		
	2	Premier M 2nd place		
2:10 PM	3	Premier M 1st place		
	4	Snr B M 5th place		
	5	Snr B M 4th place		
	6	Snr B M 3rd place		
	7	Snr B M 2nd Place		
	8	Snr B M 1st place		
	9			
	10			
	11			
Race	Lane	18U Mixed / BCP / Snr B Mixed Standard 2k	Place	Time
43	1	Snr B M 6th place		
	2	Snr B M 5th place		
2:50 PM	3	Snr B M 4th place		
	4	Snr B M 3rd place		
	5	Snr B M 2nd Place		
	6	Snr B M 1st place		
	7	BCP 5th place		
	8	BCP 4th place		
	9	BCP 3rd place		
	10	BCP 2nd place		
	11	BCP 1st place		
	12			
	13			
	14			
Race	Lane	24U-PS Mixed Standard 2k	Place	Time
44	1	24U-PS M 14th place		
	2	24U-PS M 13th place		
3:30 PM	3	24U-PS M 12th place		
	4	24U-PS M 11th place		
	5	24U-PS M 10th place		
	6	24U-PS M 9th place		
	7	24U-PS M 8th place		
	8	24U-PS M 7th place		
	9	24U-PS M 6th place		
	10	24U-PS M 5th place		
	11	24U-PS M 4th place		
	12	24U-PS M 3rd place		
	13	24U-PS M 2nd place		
	14	24U-PS M 1st place		

2023 Canadian National Championships
Thursday July 20 2023 - 500m + 2k Mixed

Race	Lane	Snr C / Snr A Mixed Standard 2k	Place	Time
45	1	Snr A M 5th place		
	2	Snr A M 4th place		
4:10 PM	3	Snr A M 3rd place		
	4	Snr A M 2nd place		
	5	Snr A M 1st place		
	6			
	7	Snr C M 6th place		
	8	Snr C M 5th place		
	9	Snr C M 4th Place		
	10	Snr C M 3rd place		
	11	Snr C M 2nd place		
	12	Snr C M 1st place		
Race	Lane	Snr C / Snr A / 18U Mixed/BCP Small 2k	Place	Time
46	1	Snr A M 4th place		
	2	Snr A M 3rd place		
	3	Snr A M 2nd place		
4:50 PM	4	Snr A M 1st place		
	5	Snr C M 4th Place		
	6	Snr C M 3rd place		
	7	Snr C M 2nd place		
	8	Snr C M 1st place		
	9	U18 M 4th Place		
	10	U18 M 3rd place		
	11	U18 M 2nd place		
	12	U18 M 1st place		
	13	Two Abreast Côte-à-côte		
	14			
	15			

2023 Canadian National Championships
Friday July 21 2023 - 200m mixed

Race	Lane	Premier Mixed Standard Heat 1	Place	Time	FLT
47	2				A
	3	VIP Gorging Dragons			
9:00 AM	4	Outer Harbour Warriors			
	5	New Dragons Racing Club			
	6				
Race	Lane	Premier Mixed Standard Heat 2	Place	Time	FLT
48	2				B
	3	22D Premier Mixed			
9:06 AM	4	Liquid La Prem			
	5	True North Hammerheads			
	6	Cobra Kai			
Race	Lane	Premier Mixed Standard Heat 3	Place	Time	FLT
49	2				C
	3	Juice			
9:12 AM	4	H2o Arsenal Pr Mixte			
	5	FCRCC Premier Mixed			
	6	NDRC Yellow			
Race	Lane	BCP Standard Round 1	Place	Time	FLT
50	2	Rowbust			A
	3	H2o Seincr'eau			
9:18 AM	4	Canal Dragons Hope Floats			
	5	Dragons Abreast			
	6	VI Flat Out			
Race	Lane	Premier Mixed small/BCP Small round 1	Place	Time	FLT
51	2	pdbc PR			B
	3	H2o Arsenal Pr Small Mixte			
9:24 AM	4	EDBRC Premier Mixed			
	5				
	6	Two Abreast Côte-à-côte			
Race	Lane	Snr B Mixed Standard Heat 1	Place	Time	FLT
52	2				C
	3	FLCC Senior B Mixed			
9:30 AM	4	H2o Senior B Mixte			
	5	VIP Gorging Dragons			
	6				
Race	Lane	Snr B Mixed Standard Heat 2	Place	Time	FLT
53	2				A
	3	CSDC SR B Mixed			
9:36 AM	4	Beast SR B Mixed			
	5	22D Senior B Mixed			
	6				
Race	Lane	18U Mixed Small / Para Standard round 1	Place	Time	FLT
54	2	Canal Dragons ParaDragons			B
	3	22D Junior Shrimps			
9:42 AM	4	22D Junior Whales			
	5	pdbc 18 U			
	6	H2o Fujian Jr Mixte			
Race	Lane	Snr B Mixed Small Round 1	Place	Time	FLT
55	2	GLP SR B Mixed			C
	3	EDBRC Senior B Mixed			
9:48 AM	4	Ottawa Dragon Masters Senior B Mixed			
	5	pdbc SB			
	6	ODB Sr B Mixed			

2023 Canadian National Championships
 Friday July 21 2023 - 200m mixed

Race	Lane		Place	Time	
	2				
	3				
9:54 AM	4	Break no race			
	5				
	6				
Race	Lane	Premier Mixed Standard Semi final 1	Place	Time	FLT
56	2				A
	3	T9			
10:00 AM	4	1st Race 47			
	5	2nd Race 48			
	6	T10			
Race	Lane	Premier Mixed Standard Semi final 2	Place	Time	FLT
57	2				B
	3	T8			
10:06 AM	4	1st Race 48			
	5	2nd Race 49			
	6	T11			
Race	Lane	Premier Mixed Standard Semi final 3	Place	Time	FLT
58	2				C
	3	T7			
10:12 AM	4	1st Race 49			
	5	2nd Race 47			
	6				
Race	Lane	BCP Standard round 2	Place	Time	FLT
59	2	VIP Flat Out			A
	3	Seincr'eau BCS			
10:18 AM	4	Dragons Abreast			
	5	Rowbust			
	6	Canal Dragons Hope Floats			
Race	Lane	Premier Mixed small/BCP Small round 2	Place	Time	FLT
60	2				B
	3	H2o Arsenal Pr Small Mixte			
10:24 AM	4	pdbc PR			
	5	EDBRC Premier Mixed			
	6	Two Abreast Côte-à-côte			
Race	Lane	18U Mixed Small / Para Standard round 2	Place	Time	FLT
61	2				C
	3	pdbc 18 U			
10:30 AM	4	H2o Fujian Jr Mixte			
	5	22D Junior Mixed Whales			
	6	22D Junior Mixed Shrimps			
Race	Lane	Snr B Mixed Standard Minor Final / Para Standard round 2	Place	Time	FLT
62	2	Canal Dragons ParaDragons			A
	3				
10:36 AM	4	Snr B Mixed Std 5th			
	5	Snr B Mixed Std 6th			
	6				
Race	Lane	Snr B Mixed Standard Major Final	Place	Time	FLT
63	2				B
	3	Senior B Mixed Std 3rd			
10:42 AM	4	Seeded 1st from first place in heats 52 and 53			
	5	Seeded 2nd from first place in heats 52 and 53			
	6	Senior B Mixed Std 4th			

2023 Canadian National Championships
Friday July 21 2023 - 200m mixed

Race	Lane	Snr B Mixed Small Round 2	Place	Time	FLT
64	2	EDBRC Senior B Mixed			C
	3	pdbc SB			
10:48 AM	4	ODB Sr B Mixed			
	5	GLP SR B Mixed			
	6	Ottawa Dragon Masters Senior B Mixed			
Race	Lane	Premier Mixed Standard Minor Final 2	Place	Time	FLT
65	2				A
	3				
10:54 AM	4	T10			
	5	T11			
	6				
Race	Lane	Premier Mixed Standard Minor Final 1	Place	Time	FLT
66	2				B
	3	T8			
11:00 AM	4	T6			
	5	T7			
	6	T9			
Race	Lane	Premier Mixed Standard Major final	Place	Time	FLT
67	2	T5			C
	3	Seeded 3rd from first place in semi finals 56, 57 and 58			
11:06 AM	4	Seeded 1st from first place in semi finals 56, 57 and 58			
	5	Seeded 2nd from first place in semi finals 56, 57 and 58			
	6	T4			
Race	Lane		Place	Time	
	2				
	3				
11:12 AM	4	Break no race			
	5				
	6				
Race	Lane	24U-PS Mixed Standard Heat 1	Place	Time	FLT
68	2				A
	3	Holy Mac-A-Rowni			
11:18 AM	4	True North U of T Engineering Iron Dragons Blue			
	5	Rotman Commerce Liquid Assets Pink			
	6	NDRC Jade Dragons			
Race	Lane	24U-PS Mixed Standard Heat 2	Place	Time	FLT
69	2	TMU Bold			B
	3	UBC Current			
11:24 AM	4	22D 24U-PS True Grit Mixed			
	5	Holy Mac-Row			
	6				
Race	Lane	24U-PS Mixed Standard Heat 3	Place	Time	FLT
70	2	Golden Hydras			C
	3	pdbc 24U-PS			
11:30 AM	4	Rotman Commerce Liquid Assets Teal			
	5	University of Waterloo Dragon Warriors			
	6	Maki 24U			
Race	Lane	Snr A Mixed Standard round 1	Place	Time	FLT
71	2	Canal Dragons SA Mixed			A
	3	CSDC SR A Mixed			
11:36 AM	4	ODBC Barracudas			
	5	22D Senior A Mixed			
	6	H2o Senior A Mixte			

2023 Canadian National Championships
 Friday July 21 2023 - 200m mixed

Race	Lane	Snr A Mixed Small round 1	Place	Time	FLT
72	2				B
	3	EDBRC SR A Mixed			
11:42 AM	4	3R Senoir A			
	5	H2o Senior A Mixte			
	6	pdbc SA			
Race	Lane	Snr C Mixed Standard Heat 1	Place	Time	FLT
73	2				C
	3	Ottawa Dragon Masters SRC Mixed			
11:48 AM	4	Bytown C Mixed			
	5	VIP Gorging Dragons			
	6				
Race	Lane	Snr C Mixed Standard Heat 2	Place	Time	FLT
74	2				A
	3	Beast SR C Mixed			
11:54 AM	4	pdbc SC			
	5	CSDC SR C Mixed			
	6				
Race	Lane	Snr C Mixed Small Round 1	Place	Time	FLT
75	2				B
	3	H2o Senior C Mixte			
12:00 PM	4	22 Dragons Senior C Mixed			
	5	CSDC SR C Mixed SM			
	6	GLP SR C Mixed			
Race	Lane		Place	Time	
	2				
	3				
12:06 PM	4	Break no race			
	5				
	6				
Race	Lane	24U-PS Mixed Standard Semi final 1	Place	Time	FLT
76	2				C
	3	T9			
12:12 PM	4	1st Race 68			
	5	2nd Race 69			
	6	T10			
Race	Lane	24U-PS Mixed Standard Semi final 2	Place	Time	FLT
77	2				A
	3	T8			
12:18 PM	4	1st Race 69			
	5	2nd Race 70			
	6	T11			
Race	Lane	24U-PS Mixed Standard Semi final 3	Place	Time	FLT
78	2	T13			B
	3	T7			
12:24 PM	4	1st Race 70			
	5	2nd Race 68			
	6	T12			
Race	Lane	Snr A Mixed Standard round 2	Place	Time	FLT
79	2	H2o Senior A Mixte			C
	3	ODBC Barracudas			
12:30 PM	4	22D Senior A Mixed			
	5	CSDC SR A Mixed			
	6	Canal Dragons SA Mixed			

2023 Canadian National Championships
Friday July 21 2023 - 200m mixed

Race	Lane	Snr A Mixed Small round 2	Place	Time	FLT
80	2				A
	3	3R Senoir A			
12:36 PM	4	H2o Senior A Mixte			
	5	pdbc SA			
	6	EDBRC SR A Mixed			
Race	Lane	Snr C Mixed Minor Final	Place	Time	FLT
81	2				B
	3				
12:42 PM	4	Snr C M 5th			
	5	Snr C M 6th			
	6				
Race	Lane	Snr C Mixed Standard Major Final	Place	Time	FLT
82	2				C
	3	Snr C M 3rd			
12:48 PM	4	Seeded 1st from first place in heats 73 and 74			
	5	Seeded 2nd from first place in heats 73 and 74			
	6	Snr C M 4th			
Race	Lane	Snr C Mixed Small Round 2	Place	Time	FLT
83	2				A
	3	GLP SR C Mixed			
12:54 PM	4	H2o Senior C Mixte			
	5	22 Dragons Senior C Mixed			
	6	CSDC SR C Mixed SM			
Race	Lane	24U-PS Mixed Standard Minor Final 2	Place	Time	FLT
84	2				B
	3	T13			
1:00 PM	4	T11			
	5	T12			
	6				
Race	Lane	24U-PS Mixed Standard Minor Final 1	Place	Time	FLT
85	2	T10			C
	3	T8			
1:06 PM	4	T6			
	5	T7			
	6	T9			
Race	Lane	24U-PS Mixed Standard Major final	Place	Time	FLT
86	2	T5			A
	3	Seeded 3rd from first place in semi finals 76, 77 and 78			
1:12 PM	4	Seeded 1st from first place in semi finals 76, 77 and 78			
	5	Seeded 2nd from first place in semi finals 76, 77 and 78			
	6	T4			

2023 Canadian National Championships
Saturday July 22 2023 - 500m + 2k Open and Women

Race	Lane	Senior B Open Standard round 1	Place	Time	FLT
87	2				A
	3	Beast SR B Open			
7:00 AM	4	CSDC SR B Open			
	5	22D Senior B Open			
	6	ODBC Ottawa Dragon Masters Sr B Open			
Race	Lane	Senior B Open Small Round 1	Place	Time	FLT
88	2				B
	3	H2o Senior B Open			
7:07 AM	4	pdbc SB Open			
	5	VIP Gorging Dragons			
	6				
Race	Lane	Premier Open Standard round 1	Place	Time	FLT
89	2	Liquid Lagoons			C
	3	NDRC Orcas			
7:14 AM	4	22D Premier Open			
	5	True North SLP			
	6	Dragon Zone Premier Open			
Race	Lane	Premier Open Small Round 1	Place	Time	FLT
90	2	H2o Arsenal Pr Open			A
	3	EDBRC Premier Open			
7:21 AM	4	FCRCC Premier Open			
	5	VIP Gorging Dragons			
	6	Cobra Kai Open			
Race	Lane	18 U Open Small Round 1	Place	Time	FLT
91	2				B
	3	22D Junior Shrimpers			
7:28 AM	4	22D Junior Whalers			
	5	H2o Fujian Jr Open			
	6	pdbc 18 U			
Race	Lane	Senior B Women Standard Heat 1	Place	Time	FLT
92	2				C
	3	CSDC SR B Women			
7:35 AM	4	22D Senior B Women			
	5	ODM SR B Women			
	6	VIP Gorging Dragons			
Race	Lane	Senior B Women Standard Heat 2	Place	Time	FLT
93	2				A
	3	FCRCC Masters Women			
7:42 AM	4	Sportchicks Senior B			
	5	Beast SB Women			
	6				
Race	Lane	Senior B Women Small Heat 1	Place	Time	FLT
94	2				B
	3	H2o Senior B Femmes			
7:49 AM	4	True North Senior B Women			
	5	EDBRC SR B Women			
	6	Coulee Classic Dragons Snr B Women			
Race	Lane	Senior B Women Small Heat 2	Place	Time	FLT
95	2				C
	3	pdbc SB Women			
7:56 AM	4	Canal Dragons SR B Women			
	5	GLP SR B Women			
	6				

2023 Canadian National Championships
Saturday July 22 2023 - 500m + 2k Open and Women

Race	Lane	Premier Women Standard heat 1	Place	Time	FLT
96	2				A
	3	H2o Qc Pr Femmes			
8:03 AM	4	True North Premier Women			
	5	Dragon Zone Premier Women			
	6				
Race	Lane	Premier Women Standard heat 2	Place	Time	FLT
97	2				B
	3	22D Premier Women			
8:10 AM	4	NDRC Koa Kai			
	5	H2o Arsenal Pr Femmes			
	6				
Race	Lane	Premier Women Small Round 1	Place	Time	FLT
98	2	VIP Gorging Dragons			C
	3	ODBC Premier Women			
8:17 AM	4	pdbc PR			
	5	Evolution Premier Women			
	6	FCRCC Premier Women			
Race	Lane	18 U Women small round 1 / Senior D Women small round 1	Place	Time	FLT
99	2	H2o Fujian Jr Femmes			A
	3	22D Junior Women			
8:24 AM	4				
	5	Coulee Classic Dragons SR D			
	6	FLCC SR D Women			
Race	Lane		Place	Time	
	2				
	3				
8:31 AM	4	Break no race			
	5				
	6				
Race	Lane	Senior B Open Standard Round 2	Place	Time	FLT
100	2				B
	3	22D Senior B Open			
8:38 AM	4	ODBC Ottawa Dragon Masters Sr B Open			
	5	Beast SR B Open			
	6	CSDC SR B Open			
Race	Lane	Senior B Open Small Round 2	Place	Time	FLT
101	2				C
	3	VIP Gorging Dragons			
8:45 AM	4	H2o Senior B Open			
	5	pdbc SB Open			
	6				
Race	Lane	Premier Open Standard round 2	Place	Time	FLT
102	2	22D Premier Open			A
	3	True North SLP			
8:52 AM	4	Dragon Zone Premier Open			
	5	NDRC Orcas			
	6	Liquid Lagoons			
Race	Lane	Premier Open Small Round 2	Place	Time	FLT
103	2	FCRCC Premier Open			B
	3	VIP Gorging Dragons			
8:59 AM	4	Cobra Kai Open			
	5	EDBRC Premier Open			
	6	H2o Arsenal Pr Open			

2023 Canadian National Championships
Saturday July 22 2023 - 500m + 2k Open and Women

Race	Lane	18 U Open Small Round 2	Place	Time	FLT
104	2				C
	3	pdbc 18 U			
9:06 AM	4	22D Junior Shrimpers			
	5	22D Junior Whalers			
	6	H2o Fujian Jr Open			
Race	Lane	Senior B Women Standard Minor Final	Place	Time	FLT
105	2				A
	3				
9:13 AM	4	Senior B Women Standard 6th			
	5	Senior B Women Standard 7th place			
	6				
Race	Lane	Senior B Women Standard Major Final	Place	Time	FLT
106	2	Senior B Women Standard 5th			B
	3	Senior B Women Standard 3rd			
9:20 AM	4	Seeded 1st from first place in heats 92 and 93			
	5	Seeded 2nd from first place in heats 92 and 93			
	6	Senior B Women Standard 4th			
Race	Lane	Senior B Women Small Minor Final	Place	Time	FLT
107	2				C
	3				
9:27 AM	4	Senior B Women Small 6th			
	5	Senior B Women Small 7th			
	6				
Race	Lane	Senior B Women Small Major Final	Place	Time	FLT
108	2	Senior B Women Small 5th			A
	3	Senior B Women Small 3rd			
9:34 AM	4	Seeded 1st from first place in heats 94 and 95			
	5	Seeded 2nd from first place in heats 94 and 95			
	6	Senior B Women Small 4th			
Race	Lane	Premier Women Standard Minor Final	Place	Time	FLT
109	2				B
	3				
9:41 AM	4	Premier Women Standard 5th			
	5	Premier Women Standard 6th			
	6				
Race	Lane	Premier Women Standard Major Final	Place	Time	FLT
110	2				C
	3	Premier Women Standard 3rd			
9:48 AM	4	Seeded 1st from first place in heats 96 and 97			
	5	Seeded 2nd from first place in heats 96 and 97			
	6	Premier Women Standard 4th			
Race	Lane	Premier Women Small Heat 2	Place	Time	FLT
111	2	Evolution Premier Women			A
	3	FCRCC Premier Women			
9:55 AM	4	ODBC Premier Women			
	5	VIP Gorging Dragons			
	6	pdbc PR			
Race	Lane	18 U Women small round 2 / Senior D Women small round 2	Place	Time	FLT
112	2	22D Junior Women			B
	3	H2o Fujian Jr Femmes			
10:02 AM	4				
	5	FLCC SR D Women			
	6	Coulee Classic Dragons SR D			

2023 Canadian National Championships
Saturday July 22 2023 - 500m + 2k Open and Women

Race	Lane		Place	Time
	2			
	3			
10:09 AM	4	Break no race		
	5			
	6			
Race	Lane	Premier Open / Senior B Open / Para Standard 2k	Place	Time
113	1	Premier Open Standard 5th place		
	2	Premier Open Standard 4th place		
10:40 AM	3	Premier Open Standard 3rd place		
	4	Premier Open Standard 2nd place		
	5	Premier Open Standard 1st place		
	6	Senior B Open Standard 4th place		
	7	Senior B Open Standard 3rd place		
	8	Senior B Open Standard 2nd place		
	9	Senior B Open Standard 1st place		
	10			
	11			
	12			
	13			
Race	Lane	Premier Open/Snr B Open/18 U Open/18U Wmn Small 2k	Place	Time
114	1	Premier Open Small 5th place		
	2	Premier Open Small 4th place		
11:20 AM	3	Premier Open Small 3rd place		
	4	Premier Open Small 2nd place		
	5	Premier Open Small 1st place		
	6	Senior B Open Small 3rd place		
	7	Senior B Open Small 2nd place		
	8	Senior B Open Small 1st place		
	9	18U Open Small 3rd place		
	10	18U Open Small 2nd place		
	11	18U Open Small 1st place		
	12			
	13			
	13			
	15			
Race	Lane	Premier Women Standard / Senior B Women Standard 2k	Place	Time
115	1	Premier Women Standard 6th place		
	2	Premier Women Standard 5th place		
12:00 PM	3	Premier Women Standard 4th place		
	4	Premier Women Standard 3rd place		
	5	Premier Women Standard 2nd place		
	6	Premier Women Standard 1st place		
	7	Senior B Women Standard 7th place		
	8	Senior B Women Standard 6th place		
	9	Senior B Women Standard 5th place		
	10	Senior B Women Standard 4th place		
	11	Senior B Women Standard 3rd place		
	12	Senior B Women Standard 2nd place		
	13	Senior B Women Standard 1st place		
	14	18U Women Small 2nd place		
	15	18U Women Small 1st place		

2023 Canadian National Championships
Saturday July 22 2023 - 500m + 2k Open and Women

Race	Lane	Premier Women/Senior B Women/Snr D Wmn Small 2k	Place	Time	
116	1	Premier Women Small 5th place			
	2	Premier Women Small 4th place			
12:40 PM	3	Premier Women Small 3rd place			
	4	Premier Women Small 2nd place			
	5	Premier Women Small 1st place			
	6	Senior B Women Small 7th place			
	7	Senior B Women Small 6th place			
	8	Senior B Women Small 5th place			
	9	Senior B Women Small 4th place			
	10	Senior B Women Small 3rd place			
	11	Senior B Women Small 2nd place			
	12	Senior B Women Small 1st place			
	13	Senior D Women Small 2nd place			
	14	Senior D Women Small 1st place			
	15				
Race	Lane		Place	Time	
	2				
	3				
1:20 PM	4	Break no race			
	5				
	6				
Race	Lane	24U-PS Open Standard Heat 1	Place	Time	FLT
117	2				A
	3	24U-PS Bytown Carleton Ravens			
1:34 PM	4	22D 24U-PS True Grit Open			
	5	NDRC Valkyries			
	6	pdbc 24U-PS			
Race	Lane	24U-PS Open Standard Heat 2	Place	Time	FLT
118	2				B
	3	True North U of T Engineering Iron Dragons Lady Godiva			
1:41 PM	4	Liquid LAds			
	5	Maki 24U Open			
	6				
Race	Lane	Senior C Open / Senior A Open Standard Round 1	Place	Time	FLT
119	2				C
	3	H2o Senior A Open			
1:48 PM	4				
	5	Beast SR C Open			
	6	CSDC SR C Open			
Race	Lane	Senior A Open Small Round 1	Place	Time	FLT
120	2				A
	3	CSDC SR A Open			
1:55 PM	4	22D Senior A Open			
	5	ODBC Rideau Titans			
	6	EDBRC SR A Open			
Race	Lane	Senior C Open Small Round 1	Place	Time	FLT
121	2				B
	3	Bytown C Open			
2:02 PM	4	H2o Senior C Open			
	5	ODBC Dragon Masters SR C Open			
	6	pdbc SC			

2023 Canadian National Championships
Saturday July 22 2023 - 500m + 2k Open and Women

Race	Lane	Senior A Women Standard Round 1	Place	Time	FLT
122	2	Canal Dragons Senior A Women			C
	3	True North Senior A Women			
2:09 PM	4	H2o Senior A Femmes			
	5	22D Senior A Women			
	6	Sportchicks Senior A			
Race	Lane	Senior A Women / 24U-PS Women Small Round 1	Place	Time	FLT
123	2	EDBRC Senior A Women			A
	3	ODBC Dracona			
2:16 PM	4	CSDC Senior A Women			
	5				
	6	pdbc 24U-PS			
Race	Lane	24U-PS Women Standard Round 1	Place	Time	FLT
124	2				B
	3	Liquid LAdies			
2:23 PM	4	NDRC Vikings			
	5	22D 24U-PS True Grit Slaydies			
	6	True North U of T Engineering Iron Dragons Canon			
Race	Lane	Senior C Women Standard Heat 1	Place	Time	FLT
125	2				C
	3	CSDC SR C Women			
2:30 PM	4	Bytown Super CS Women			
	5	VIP Gorging Dragons			
	6	GLP Senior C Women			
Race	Lane	Senior C Women Standard Heat 2	Place	Time	FLT
126	2	FCRCC Senior C Women			A
	3	Canal Dragons Senior C Women			
2:37 PM	4	ODBC Ottawa Dragon Masters SR C WMN			
	5	FLCC SR C Women			
	6	pdbc SC			
Race	Lane	Senior C Women Small Round 1	Place	Time	FLT
127	2				B
	3	22D Senior C Women			
2:44 PM	4	Coulee Classic Dragons			
	5	H2o Senior C Femmes			
	6				
Race	Lane		Place	Time	
	2				
	3				
2:51 PM	4	Break no race			
	5				
	6				
Race	Lane	24U-PS Open Standard Minor Final	Place	Time	FLT
128	2				C
	3				
2:58 PM	4	24U-PS Open Standard 6th			
	5	24U-PS Open Standard 7th			
	6				
Race	Lane	24U-PS Open Standard Major Final	Place	Time	FLT
129	2	24U-PS Open Standard 5th			A
	3	24U-PS Open Standard 3rd			
3:05 PM	4	Seeded 1st from first place in heats 117 and 118			
	5	Seeded 2nd from first place in heats 117 and 118			
	6	24U-PS Open Standard 4th			

2023 Canadian National Championships
Saturday July 22 2023 - 500m + 2k Open and Women

Race	Lane	Senior C Open / Senior A Open Standard Round 2	Place	Time	FLT
130	2				B
	3	H2o Senior A Open			
3:12 PM	4				
	5	CSDC SR C Open			
	6	Beast SR C Open			
Race	Lane	Senior A Open Small Round 2	Place	Time	FLT
131	2				C
	3	ODBC Rideau Titans			
3:19 PM	4	EDBRC SR A Open			
	5	CSDC SR A Open			
	6	22D Senior A Open			
Race	Lane	Senior C Open Small Round 2	Place	Time	FLT
132	2				A
	3	H2o Senior C Open			
3:26 PM	4	ODBC Ottawa Dragon Masters SR C Open			
	5	pdbc SC			
	6	Bytown C Open			
Race	Lane	Senior A Women Standard Round 2	Place	Time	FLT
133	2	22D Senior A Women			B
	3	Canal Dragons Senior A Women			
3:33 PM	4	Sportchicks Senior A			
	5	True North Senior A Women			
	6	H2o Senior A Femmes			
Race	Lane	Senior A Women / 24U-PS Women Small Round 2	Place	Time	FLT
134	2	ODBC Dracona			C
	3	CSDC Senior A Women			
3:40 PM	4	EDBRC Senior A Women			
	5				
	6	pdbc 24U-PS			
Race	Lane	24U-PS Women Standard Round 2	Place	Time	FLT
135	2				A
	3	22D 24U-PS True Grit Slaydies			
3:47 PM	4	True North U of T Engineering Iron Dragons Canon			
	5	NDRC Vikings			
	6	Liquid LAdies			
Race	Lane	Senior C Women Standard Minor Final	Place	Time	FLT
136	2				B
	3	Senior C Women Standard 8th			
3:54 PM	4	Senior C Women Standard 6th			
	5	Senior C Women Standard 7th			
	6	Senior C Women Standard 9th			
Race	Lane	Senior C Women Standard Major Final	Place	Time	FLT
137	2	Senior C Women Standard 5th			C
	3	Senior C Women Standard 3rd			
4:01 PM	4	Seeded 1st from first place in heats 125 and 126			
	5	Seeded 2nd from first place in heats 125 and 126			
	6	Senior C Women Standard 4th			
Race	Lane	Senior C Women Small Round 2	Place	Time	FLT
138	2				A
	3	Coulee Classic Dragons			
4:08 PM	4	H2o Senior C Femmes			
	5	22D Senior C Women			
	6				

2023 Canadian National Championships
Saturday July 22 2023 - 500m + 2k Open and Women

Race	Lane		Place	Time
	2			
	3			
4:15 PM	4	Break no race		
	5			
	6			
Race	Lane	24U-PS Open/ Snr C Open/Snr A Women Standard 2k	Place	Time
139	1	24U-PS Open Standard 7th place		
	2	24U-PS Open Standard 6th place		
	3	24U-PS Open Standard 5th place		
4:45 PM	4	24U-PS Open Standard 4th place		
	5	24U-PS Open Standard 3rd place		
	6	24U-PS Open Standard 2nd place		
	7	24U-PS Open Standard 1st place		
	8	Senior C Open Standard 2nd place		
	9	Senior C Open Standard 1st place		
	10	Senior A Women Standard 5th place		
	11	Senior A Women Standard 4th place		
	12	Senior A Women Standard 3rd place		
	13	Senior A Women Standard 2nd place		
	14	Senior A Women Standard 1st place		
	15			
Race	Lane	Snr A Open/ Snr C Open Small 2k	Place	Time
140	1	Senior A Open Small 4th Place		
	2	Senior A Open Small 3rd Place		
5:25 PM	3	Senior A Open Small 2nd Place		
	4	Senior A Open Small 1st Place		
	5	Senior C Open Small 4th place		
	6	Senior C Open Small 3rd place		
	7	Senior C Open Small 2nd place		
	8	Senior C Open Small 1st place		
	9			
	10			
	11			
	12			
	13			
	14			
Race	Lane	24U-PS Women/Senior C Women / Snr A Open Standard 2k	Place	Time
141	1	Senior A Open Standard 1st Place		
	2	24U-PS Women Standard 4th place		
6:05 PM	3	24U-PS Women Standard 3rd place		
	4	24U-PS Women Standard 2nd place		
	5	24U-PS Women Standard 1st place		
	6	Senior C Women Standard 9th place		
	7	Senior C Women Standard 8th place		
	8	Senior C Women Standard 7th place		
	9	Senior C Women Standard 6th place		
	10	Senior C Women Standard 5th place		
	11	Senior C Women Standard 4th place		
	12	Senior C Women Standard 3rd place		
	13	Senior C Women Standard 2nd place		
	14	Senior C Women Standard 1st place		

2023 Canadian National Championships
Saturday July 22 2023 - 500m + 2k Open and Women

Race	Lane	24U-PS Wmn/Snr A Wmn/Snr C Wmn/18U Wmn Small 2k	Place	Time
142	1	24U-PS Women Small 1st place		
	2	Senior A Women Small 3rd place		
6:45 PM	3	Senior A Women Small 2nd place		
	4	Senior A Women Small 1st place		
	5	Senior C Women Small 3rd place		
	6	Senior C Women Small 2nd place		
	7	Senior C Women Small 1st place		
	8			
	9			
	10			
	11			
	12			

2023 Canadian National Championships
Sunday July 23 2023 - 200m Open and Women

Race	Lane	Senior B Open Standard Round 1	Place	Time	FLT
143	2				A
	3	ODBC Ottawa Dragon Masters Sr B Open			
9:00 AM	4	Beast SR B Open			
	5	CSDC SR B Open			
	6	22D Senior B Open			
Race	Lane	Senior B Open Small Round 1	Place	Time	FLT
144	2				B
	3	H2o Senior B Open			
9:06 AM	4	pdbc SB Open			
	5	VIP Gorging Dragons			
	6				
Race	Lane	Premier Open Standard Round 1	Place	Time	FLT
145	2	Dragon Zone Premier Open			C
	3	22D Premier Open			
9:12 AM	4	Liquid Lagoons			
	5	NDRC Orcas			
	6	True North SLP			
Race	Lane	Premier Open Small Round 1	Place	Time	FLT
146	2	EDBRC Premier Open			A
	3	Cobra Kai Open			
9:18 AM	4	H2o Arsenal Pr Open			
	5	FCRCC Premier Open			
	6	VIP Gorging Dragons			
Race	Lane	18 U Open Small Round 1	Place	Time	FLT
147	2				B
	3	H2o Fujian Jr Open			
9:24 AM	4	pdbc 18 U			
	5	22D Junior Shrimpers			
	6	22D Junior Whalers			
Race	Lane	Senior B Women Standard Heat 1	Place	Time	FLT
148	2				C
	3	Beast SB Women			
9:30 AM	4	FCRCC Masters Women			
	5	Sportchicks Senior B			
	6				
Race	Lane	Senior B Women Standard Heat 2	Place	Time	FLT
149	2				A
	3	VIP Gorging Dragons			
9:36 AM	4	ODM SR B Women			
	5	CSDC SR B Women			
	6	22D Senior B Women			
Race	Lane	Senior B Women Small Heat 1	Place	Time	FLT
150	2				B
	3	EDBRC SR B Women			
9:42 AM	4	Coulee Classic Dragons Snr B Women			
	5	pdbc SB Women			
	6				
Race	Lane	Senior B Women Small Heat 2	Place	Time	FLT
151	2				C
	3	Canal Dragons SR B Women			
9:48 AM	4	H2o Senior B Femmes			
	5	GLP SR B Women			
	6	True North Senior B Women			

2023 Canadian National Championships
Sunday July 23 2023 - 200m Open and Women

Race	Lane	Premier Women Standard heat 1	Place	Time	FLT
152	2				A
	3	Dragon Zone Premier Women			
9:54 AM	4	22D Premier Women			
	5	NDRC Koa Kai			
	6				
Race	Lane	Premier Women Standard heat 2	Place	Time	FLT
153	2				B
	3	H2o Arsenal Pr Femmes			
10:00 AM	4	H2o Qc Pr Femmes			
	5	True North Premier Women			
	6				
Race	Lane	Premier Women Small Round 1	Place	Time	FLT
154	2	pdbc PR			C
	3	Evolution Premier Women			
10:06 AM	4	FCRCC Premier Women			
	5	ODBC Premier Women			
	6	VIP Gorging Dragons			
Race	Lane	18 U Women small round 1 / Senior D Women small round 1	Place	Time	FLT
155	2	FLCC SR D Women			A
	3	Coulee Classic Dragons SR D			
10:12 AM	4				
	5	22D Junior Women			
	6	H2o Fujian Jr Femmes			
Race	Lane		Place	Time	
	2				
	3				
10:18 AM	4	Break no race			
	5				
	6				
Race	Lane	Senior B Open Standard Round 2	Place	Time	FLT
156	2				B
	3	22D Senior B Open			
10:24 AM	4	CSDC SR B Open			
	5	ODBC Ottawa Dragon Masters Sr B Open			
	6	Beast SR B Open			
Race	Lane	Senior B Open Small Round 2	Place	Time	FLT
157	2				C
	3	pdbc SB Open			
10:30 AM	4	VIP Gorging Dragons			
	5	H2o Senior B Open			
	6				
Race	Lane	Premier Open Standard Round 2	Place	Time	FLT
158	2	Liquid Lagoons			A
	3	Dragon Zone Premier Open			
10:36 AM	4	22D Premier Open			
	5	True North SLP			
	6	NDRC Orcas			
Race	Lane	Premier Open Small Round 2	Place	Time	FLT
159	2	VIP Gorging Dragons			B
	3	H2o Arsenal Pr Open			
10:42 AM	4	EDBRC Premier Open			
	5	Cobra Kai Open			
	6	FCRCC Premier Open			

2023 Canadian National Championships
Sunday July 23 2023 - 200m Open and Women

Race	Lane	18 U Open Small Round 2	Place	Time	FLT
160	2				C
	3	22D Junior Whalers			
10:48 AM	4	H2o Fujian Jr Open			
	5	pdbc 18 U			
	6	22D Junior Shrimpers			
Race	Lane	Senior B Women Standard Minor Final	Place	Time	FLT
161	2				A
	3				
10:54 AM	4	Senior B Women Standard 6th			
	5	Senior B Women Standard 7th			
	6				
Race	Lane	Senior B Women Standard Major Final	Place	Time	FLT
162	2	Senior B Women Standard 5th			B
	3	Senior B Women Standard 3rd			
11:00 AM	4	Seeded 1st from first place in heats 148 and 149			
	5	Seeded 2nd from first place in heats 148 and 149			
	6	Senior B Women Standard 4th			
Race	Lane	Senior B Women Small Minor Final	Place	Time	FLT
163	2				C
	3				
11:06 AM	4	Senior B Women Small 6th			
	5	Senior B Women Small 7th			
	6				
Race	Lane	Senior B Women Small Major Final	Place	Time	FLT
164	2	Senior B Women Small 5th			A
	3	Senior B Women Small 3rd			
11:12 AM	4	Seeded 1st from first place in heats 150 and 151			
	5	Seeded 2nd from first place in heats 150 and 151			
	6	Senior B Women Small 4th			
Race	Lane	Premier Women Standard Minor Final	Place	Time	FLT
165	2				B
	3				
11:18 AM	4	Premier Women Standard 5th			
	5	Premier Women Standard 6th			
	6				
Race	Lane	Premier Women Standard Major Final	Place	Time	FLT
166	2				C
	3	Premier Women Standard 3rd			
11:24 AM	4	Seeded 1st from first place in heats 152 and 153			
	5	Seeded 2nd from first place in heats 152 and 153			
	6	Premier Women Standard 4th			
Race	Lane	Premier Women Small Round 2	Place	Time	FLT
167	2	ODBC Premier Women			A
	3	pdbc PR			
11:30 AM	4	VIP Gorging Dragons			
	5	FCRCC Premier Women			
	6	Evolution Premier Women			
Race	Lane	18 U Women small round 2 / Senior D Women small round 2	Place	Time	FLT
168	2	Coulee Classic Dragons SR D			B
	3	FLCC SR D Women			
11:36 AM	4				
	5	H2o Fujian Jr Femmes			
	6	22D Junior Women			

2023 Canadian National Championships
Sunday July 23 2023 - 200m Open and Women

Race	Lane		Place	Time	
	2				
	3				
11:42 AM	4	Break no race			
	5				
	6				
Race	Lane	24u-PS Open Standard Heat 1	Place	Time	FLT
169	2				C
	3	Liquid LAdS			
11:48 AM	4	Maki 24U Open			
	5	22D 24U-PS True Grit Open			
	6	24U-PS Bytown Carleton Ravens			
Race	Lane	24u-PS Open Standard Heat 2	Place	Time	FLT
170	2				A
	3	NDRC Valkyries			
11:54 AM	4	pdbc 24U-PS			
	5	True North U of T Engineering Iron Dragons Lady Godiva			
	6				
Race	Lane	Senior C Open / Senior A Open Standard Round 1	Place	Time	FLT
171	2				B
	3	H2o Senior A Open			
12:00 PM	4				
	5	Beast SR C Open			
	6	CSDC SR C Open			
Race	Lane	Senior A Open Small Round 1	Place	Time	FLT
172	2				C
	3	EDBRC SR A Open			
12:06 PM	4	CSDC SR A Open			
	5	22D Senior A Open			
	6	ODBC Rideau Titans			
Race	Lane	Senior C Open Small Round 1	Place	Time	FLT
173	2				A
	3	pdbc SC			
12:12 PM	4	Bytown C Open			
	5	H2o Senior C Open			
	6	ODBC Ottawa Dragon Masters SR C Open			
Race	Lane	Senior A Women Standard Round 1	Place	Time	FLT
174	2	TNPC Senior A Women			B
	3	H2o Senior A Femmes			
12:18 PM	4	22D Senior A Women			
	5	Sportchicks Senior A			
	6	Canal Dragons Senior A Women			
Race	Lane	Senior A Women / 24U-PS Women Small Round 1	Place	Time	FLT
175	2	CSDC Senior A Women			C
	3	EDBRC Senior A Women			
12:24 PM	4	ODBC Dracona			
	5				
	6	pdbc 24U-PS			
Race	Lane	24U-PS Women Standard Round 1	Place	Time	FLT
176	2				A
	3	NDRC Vikings			
12:30 PM	4	Liquid LAdies			
	5	True North U of T Engineering Iron Dragons Women			
	6	22D 24U-PS True Grit Slaydies			

2023 Canadian National Championships
Sunday July 23 2023 - 200m Open and Women

Race	Lane	Senior C Women Standard Heat 1	Place	Time	FLT
177	2	GLP Senior C Women			B
	3	pdbc SC			
12:36 PM	4	FCRCC Senior C women			
	5	Canal Dragons Senior C Women			
	6	FLCC SR C Women			
Race	Lane	Senior C Women Standard Heat 2	Place	Time	FLT
178	2				C
	3	ODBC Ottawa Dragon Masters SR C WMN			
12:42 PM	4	CSDC SR C Women			
	5	VIP Gorging Dragons			
	6	Bytown Super CS Women			
Race	Lane	Senior C Women Small Round 1	Place	Time	FLT
179	2				A
	3	22D Senior C Women			
12:48 PM	4	H2o Senior C Femmes			
	5	Coulee Classic Dragons			
	6				
Race	Lane		Place	Time	
	2				
	3				
12:54 PM	4	Break no race			
	5				
	6				
Race	Lane	24U-PS Open Standard Minor Final	Place	Time	FLT
180	2				B
	3				
1:00 PM	4	24U-PS Open Standard 6th			
	5	24U-PS Open Standard 7th			
	6				
Race	Lane	24U-PS Open Standard Major Final	Place	Time	FLT
181	2	24U-PS Open Standard 5th			C
	3	24U-PS Open Standard 3rd			
1:06 PM	4	Seeded 1st from first place in heats 169 and 170			
	5	Seeded 2nd from first place in heats 169 and 170			
	6	24U-PS Open Standard 4th			
Race	Lane	Senior C Open / Senior A Open Standard Round 2	Place	Time	FLT
182	2				A
	3	H2o Senior A Open			
1:12 PM	4				
	5	CSDC SR C Open			
	6	Beast SR C Open			
Race	Lane	Senior A Open Small Round 2	Place	Time	FLT
183	2				B
	3	22D Senior A Open			
1:18 PM	4	ODBC Rideau Titans			
	5	EDBRC SR A Open			
	6	CSDC SR A Open			
Race	Lane	Senior C Open Small Round 2	Place	Time	FLT
184	2				C
	3	ODBC Ottawa Dragon Masters SR C Open			
1:24 PM	4	pdbc SC			
	5	Bytown C Open			
	6	H2o Senior C Open			

2023 Canadian National Championships
Sunday July 23 2023 - 200m Open and Women

Race	Lane	Senior A Women Standard Round 2	Place	Time	FLT
185	2	Sportchicks Senior A			A
	3	22D Senior A Women			
1:30 PM	4	TNPC Senior A Women			
	5	H2o Senior A Femmes			
	6	Canal Dragons Senior A Women			
Race	Lane	Senior A Women / 24U-PS Women Small Round 2	Place	Time	FLT
186	2	pdbc 24U-PS			B
	3				
1:36 PM	4	CSDC Senior A Women			
	5	EDBRC Senior A Women			
	6	ODBC Dracona			
Race	Lane	24U-PS Women Standard Round 2	Place	Time	FLT
187	2				C
	3	True North U of T Engineering Iron Dragons Women			
1:42 PM	4	22D 24U-PS True Grit Slaydies			
	5	Liquid LAdies			
	6	NDRC Vikings			
Race	Lane	Senior C Women Standard Minor Final	Place	Time	FLT
188	2				A
	3	Senior C Women Standard 8th			
1:48 PM	4	Senior C Women Standard 6th			
	5	Senior C Women Standard 7th			
	6	Senior C Women Standard 9th			
Race	Lane	Senior C Women Standard Major Final	Place	Time	FLT
189	2	Senior C Women Standard 5th			B
	3	Senior C Women Standard 3rd			
1:54 PM	4	Seeded 1st from first place in heats 177 and 178			
	5	Seeded 2nd from first place in heats 177 and 178			
	6	Senior C Women Standard 4th			
Race	Lane	Senior C Women Small Round 2	Place	Time	FLT
190	2				C
	3	H2o Senior C Femmes			
2:00 PM	4	22D Senior C Women			
	5	Coulee Classic Dragons			
	6				