

# Statement

With the COVID-19 vaccination program accelerating in Canada, and case counts declining, Public Health measures are lightening to allow for more group-based activities.

This document is intended to support local decision-making, related to dragon boat activities, however must be used in conjunction with return to safe team practice protocols, and local Public Health Unit direction.

This document will be updated to reflect changes in local guidance that impact the overall provincial rating system.

# Vaccination

All DBC affiliated clubs/teams are required to have a **vaccination policy in place before July 31, 2021 or prior to any participation in DBC sanctioned activities**, whichever is sooner.

It is recommended that all participants be fully vaccinated with an approved COVID-19 vaccine\* prior to full boat\*\* practices or races, to avoid isolation requirements in the event of a positive case.

Clubs/teams are encouraged to not participate in broad collection of [Personal Health Information](#) (PHI), but rather have policies articulating that proof of vaccination may be required.

\* Two doses of Moderna, Pfizer-BioNTech, and/or AstraZeneca/COVISHIELD *plus* 14 days, or one dose of Janssen (Johnson & Johnson) *plus* 14 days

\*\*10 or 20 paddlers (or <3m of distance), plus drummer/steersperson

# Status of Dragon boat in Canada

## Overview by Province as of August 25, 2021



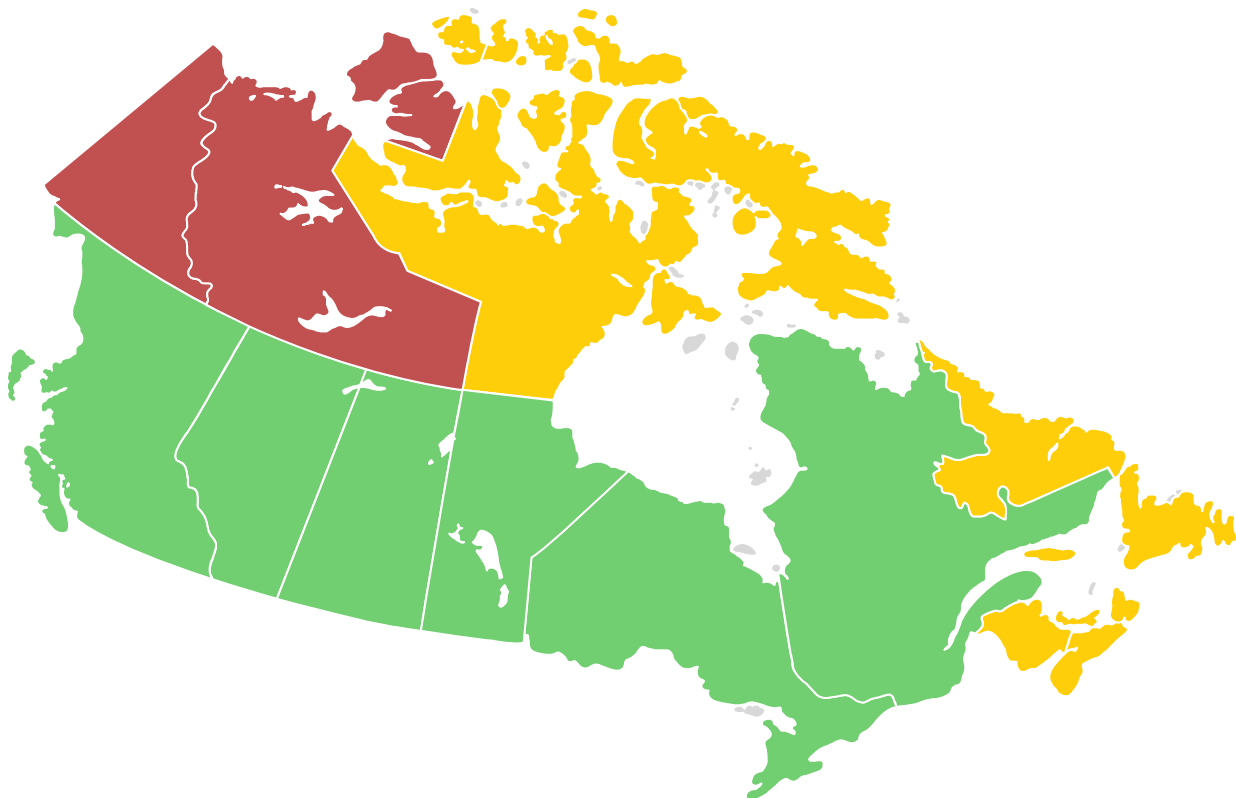
- Dragon boat practices not permitted
- No DBC sanctioned events



- Dragon boat practices may occur with prescribed safety modifications, including reduced numbers of athletes in the boat
- No DBC sanctioned events



- Dragon boat practices may occur without modifications that specifically impact the number of athletes in a boat
- DBC sanctioned events may occur, with or without public health measures as prescribed by local PHU



# Details by Province / Territory

This is intended solely as a guide. Please consult with your local Public Health Units for active restrictions and specific direction. Dragon Boat Canada will adhere to the return to dragon boat framework for sanctioned activities and events.

# British Columbia



## STAGE

Provincial dates or language related to the phasing of lightening public health measures

Step 2 (65% adults with one dose, declining case counts) – June 14

Step 3 (70% adults with one dose, declining case counts) – current as of Aug 25, 2021

Step 4 (>70% adults with one dose, low case counts and hospitalizations) – September 7 (earliest)



## GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats

Max. 25, 2m distance, masks (indoors); no restrictions outdoors

All indoor activities permitted, usual capacity. **As of Sep 13, 2021, proof of vaccination will be required. You must be at least partially vaccinated (1 dose) by Sep 13, and fully vaccinated by Oct 24, 2021**



## DRAGON BOAT

If practices in dragon boats are permitted to resume, what restrictions may exist



## RACING

If DBC sanctioned events may occur, what restrictions may exist

Up to 50 spectators (outdoors only)

5,000 people or 50% capacity, whichever is greater



# Alberta



## STAGE

Provincial dates or language related to the phasing of lightening public health measures

Step 1 (60% adults with one dose)

+14 days before next stage

Step 2 (70% age 12+ with one dose, and hospitalizations below 500 and declining)

+14 days before next stage

**Step 3 (70% of age 12+ with one dose, 25% fully vaccinated) - as of July 1, 2021**



## GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats

Max. 10 people, 3m distance, outdoors only

Max. 20 people (outdoors); Indoor gym facilities: maintain 3m distancing

**Indoor and outdoor training: no restrictions**



## DRAGON BOAT

If practices in dragon boats are permitted to resume, what restrictions may exist



## RACING

If DBC sanctioned events may occur, what restrictions may exist



# Saskatchewan



## STAGE

Provincial dates or language related to the phasing of lightening public health measures



## GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats



## DRAGON BOAT

If practices in dragon boats are permitted to resume, what restrictions may exist



## RACING

If DBC sanctioned events may occur, what restrictions may exist

Effective July 11, 2021, Saskatchewan entered Step Three of the Re-Opening Roadmap and the public health order relative to COVID-19 was lifted. All restrictions related to the public health order were removed as of that date.

No restrictions



No restrictions



No restrictions

# Manitoba



## STAGE

Provincial dates or language related to the phasing of lightening public health measures

Provincial response level: "Caution"; in effect Aug 7 - Sep 7



## GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats

Indoor Training: No restrictions  
Outdoor Training: No capacity limits for participants.



## DRAGON BOAT

If practices in dragon boats are permitted to resume, what restrictions may exist



No capacity limits



## RACING

If DBC sanctioned events may occur, what restrictions may exist



Spectator capacity limited to 50% capacity of the place, which includes other teams who are not on the water. Maintain 2m distance where possible



# Ontario



## STAGE

Provincial dates or language related to the phasing of lightening public health measures

Step 1 (60% adults with one dose) – June 11

**+21 days before next stage**

Step 2 (70% adults with one dose, 20% fully vaccinated)

**+21 days before next stage**

Step 3 (70-80% adults with one dose, 25% fully vaccinated)



## GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats

Max. 10 people, 3m distance, outdoors only

Max. 25 people (outdoors), max 5 (indoors) in high performance facilities only; 3m distance

Indoor and outdoor training, with restrictions



## DRAGON BOAT

If practices in dragon boats are permitted to resume, what restrictions may exist



## RACING

If DBC sanctioned events may occur, what restrictions may exist



# Quebec



## STAGE

Provincial dates or language  
related to the phasing of lightening  
public health measures



## GROUP TRAINING

Broad examples of what group  
(land or water) training consists  
of, by phase, not including  
dragon boats



## DRAGON BOAT

If practices in dragon boats  
are permitted to resume, what  
restrictions may exist



## RACING

If DBC sanctioned events  
may occur, what  
restrictions may exist

Level 1 - Vigilance (Green)

Indoor Sports: Maximum groups of 25  
(practice with no contacts).  
Outdoor sports: Maximum groups of 50  
(practice with brief contacts). **As of  
Sep 1, 2021, a vaccination passport  
is required to participate in  
indoor/outdoor sporting activities**





# Newfoundland & Labrador



**STAGE**  
Provincial dates or language related to the phasing of lightening public health measures



**GROUP TRAINING**  
Broad examples of what group (land or water) training consists of, by phase, not including dragon boats



**DRAGON BOAT**  
If practices in dragon boats are permitted to resume, what restrictions may exist



**RACING**  
If DBC sanctioned events may occur, what restrictions may exist

Transition – Step 3 - June 15-September 15



# New Brunswick



## STAGE

Provincial dates or language  
related to the phasing of lightening  
public health measures

Phase 2 (75% 12+ first  
vaccination, 20% 65+ fully  
vaccinated; low transmission)  
– June 16

Phase 3 (75% 12+ fully  
vaccinated) – August 2



## GROUP TRAINING

Broad examples of what group  
(land or water) training consists  
of, by phase, not including  
dragon boats

All friends and family in  
yellow areas; indoor <20  
(50% capacity)



## DRAGON BOAT

If practices in dragon boats  
are permitted to resume, what  
restrictions may exist



## RACING

If DBC sanctioned events  
may occur, what  
restrictions may exist



# Nova Scotia



## STAGE

Provincial dates or language related to the phasing of lightening public health measures



## GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats



## DRAGON BOAT

If practices in dragon boats are permitted to resume, what restrictions may exist



## RACING

If DBC sanctioned events may occur, what restrictions may exist

Phase 2 – June 16 based on declining COVID-19 case counts, declining COVID-19 hospitalizations including critical care, increasing vaccination rate in people 12+  
Phase 3 – expected date June 30

Phase 4 – expected date July 14

Phase 5 – expected date in September

Up to 10 people indoors and up to 25 people outdoors. Masks are recommended when you can't maintain a minimum physical distance of 2 metres  
25 people indoors and up to 50 people outdoors. Masks are recommended when you can't maintain a minimum physical distance of 2 metres  
Follow Phase 3

Dependent on 75% of population fully vaccinated with 2 doses



TBD, dependent on distancing requirements and gathering limits

# Prince Edward Island



## STAGE

Provincial dates or language related to the phasing of lightening public health measures

Step 1 (low transmission, increased vaccination) – June 6; Step 2 (80% 12+ first vaccination) – June 27

Step 3 (low transmission; increased vaccination) – July 18; Step 4 (50% 12+ fully vaccinated) – August 8

Step 5 (low transmission, 80% 12+ fully vaccinated) – September 12



## GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats

Up to 50 people (increments of 50, up to 200, with approval) with 3.5m distance

Single cohort of 100 per day



## DRAGON BOAT

If practices in dragon boats are permitted to resume, what restrictions may exist



## RACING

If DBC sanctioned events may occur, what restrictions may exist

Spectators permitted who do not intermingle with those counted in gathering limits; minimized cheering



# Yukon



## STAGE

Provincial dates or language related to the phasing of lightening public health measures

Current phase (as of July 5, 2021)

Next phase: TBD



## GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats

**Indoor activities: not more than 50 athletes indoors**  
**Outdoor activities: 100 athletes outdoors, and with adequate physical distancing**

Increasing capacity for gyms, recreational centres



## DRAGON BOAT

If practices in dragon boats are permitted to resume, what restrictions may exist



TBD, may require public health approval



## RACING

If DBC sanctioned events may occur, what restrictions may exist



TBD, may require public health approval

# Northwest Territories



## STAGE

Provincial dates or language related to the phasing of lightening public health measures

Step 1 (60% adults with one dose)

14-21 days before next stage

Step 2 (66-75% of adults partially vaccinated) – effective as of July 5, 2021

14-21 days before next stage

Step 3 (66-75% adults fully vaccinated)



## GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats

Outdoor gatherings up to 50 people

Max. 200 people (indoors), masking and distancing not required. For outdoor sports, maintain 2m distance when possible

Indoor and outdoor training, with no restrictions



## DRAGON BOAT

If practices in dragon boats are permitted to resume, what restrictions may exist



## RACING

If DBC sanctioned events may occur, what restrictions may exist



TBD, approval required for high-risk events and gatherings of more than 200 people



# Nunavut



## STAGE

Provincial dates or language  
related to the phasing of lightening  
public health measures

**Current stage** (as of July 2,  
2021)



## GROUP TRAINING


Broad examples of what group  
(land or water) training consists  
of, by phase, not including  
dragon boats

Indoor fitness: 25 people or  
50% capacity, whichever is  
less; masks mandatory



## DRAGON BOAT

If practices in dragon boats  
are permitted to resume, what  
restrictions may exist

  
Boat load: 50% capacity



## RACING

If DBC sanctioned events  
may occur, what  
restrictions may exist

  
Spectators limited to 100 people



## STAGE

provincial dates or language related  
to the phasing of lightening public  
health measures



## GROUP TRAINING

Broad examples of what group  
(land or water) training consists  
of, by phase, not including dragon  
boats



## DRAGON BOAT

If practices in dragon boats are  
permitted to resume, what  
restrictions may exist



## RACING

If DBC sanctioned events  
may occur, what restrictions  
may exist