



Framework for Return to Dragon Boat

Statement

With the COVID-19 vaccination program accelerating in Canada, and case counts declining, Public Health measures are lightening to allow for more group-based activities.

This document is intended to support local decision-making, related to dragon boat activities, however must be used in conjunction with return to safe team practice protocols, and local Public Health Unit direction.

This document will be updated to reflect changes in local guidance that impact the overall provincial rating system.

Status of Dragon boat in Canada



Overview by Province as of June 15, 2021



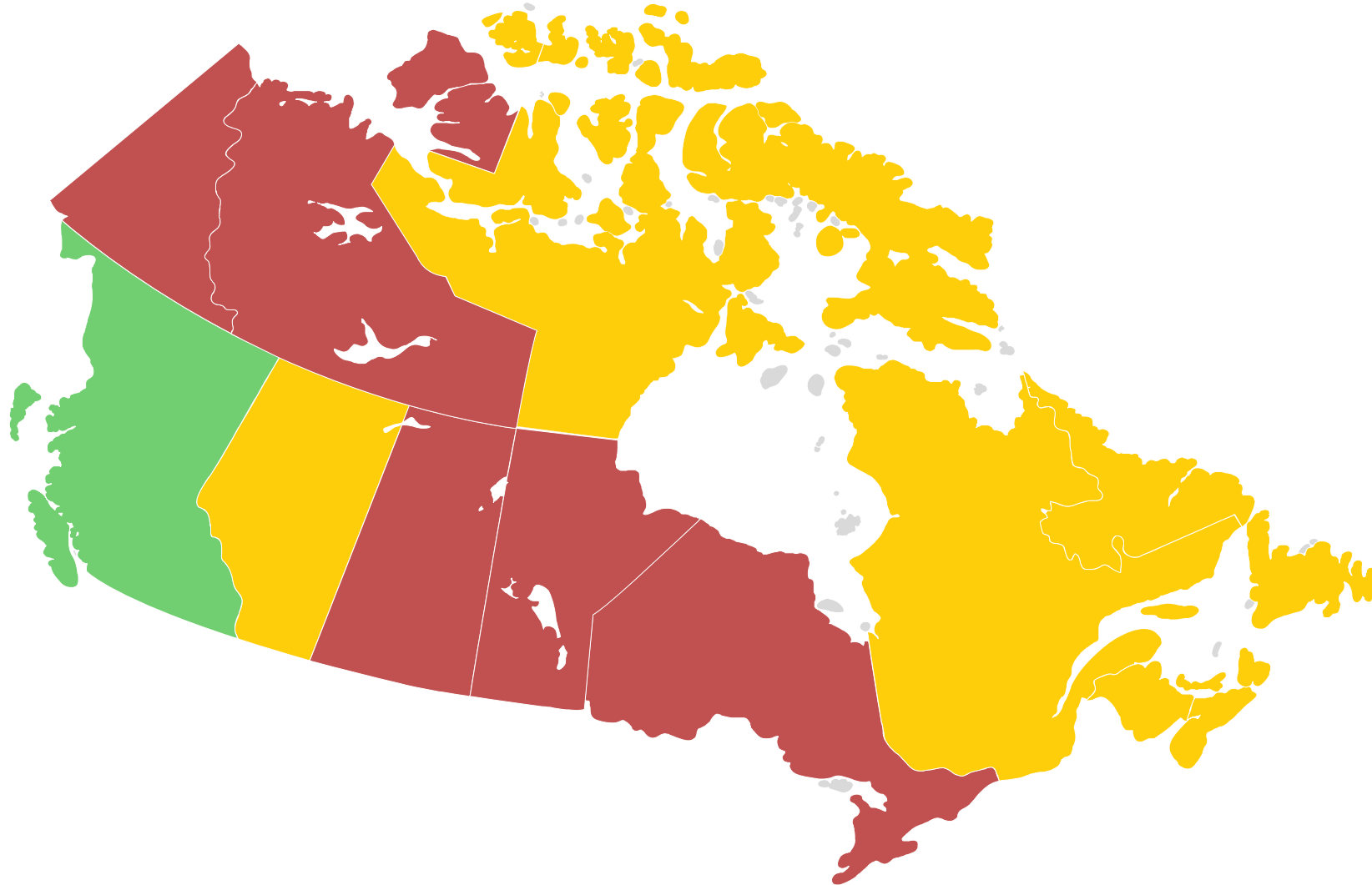
- Dragon boat practices not permitted
- No DBC sanctioned events



- Dragon boat practices may occur with prescribed safety modifications, including reduced numbers of athletes in the boat
- No DBC sanctioned events



- Dragon boat practices may occur without modifications that specifically impact the number of athletes in a boat
- DBC sanctioned events may occur, with or without public health measures as prescribed by local PHU



Details by Province / Territory

This is intended solely as a guide. Please consult with your local Public Health Units for active restrictions and specific direction. Dragon Boat Canada will adhere to the return to dragon boat framework for sanctioned activities and events.

British Columbia



STAGE

Provincial dates or language related to the phasing of lightening public health measures



GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats



DRAGON BOAT

If practices in dragon boats are permitted to resume, what restrictions may exist



RACING

If DBC sanctioned events may occur, what restrictions may exist

Step 2 (65% adults with one dose, declining case counts) – June 14

Step 3 (70% adults with one dose, declining case counts) – July 1 (earliest)

Step 4 (<70% adults with one dose, low case counts and hospitalizations) – September 7 (earliest)

Max. 25, 2m distance, masks (indoors); no restrictions outdoors

All indoor activities permitted, usual capacity



Up to 50 spectators (outdoors only)

Limited indoor spectators



Alberta



STAGE

Provincial dates or language related to the phasing of lightening public health measures

Step 1 (60% adults with one dose)

+14 days before next stage

Step 2 (70% age 12+ with one dose, and hospitalizations below 500 and declining) – **as of June 10, 2021**

+14 days before next stage

Step 3 (70% of age 12+ with one dose, 25% fully vaccinated)



GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats

Max. 10 people, 3m distance, outdoors only

Max. 20 people (outdoors); Indoor gym facilities: maintain 3m distancing

Indoor and outdoor training: no restrictions



DRAGON BOAT

If practices in dragon boats are permitted to resume, what restrictions may exist



RACING

If DBC sanctioned events may occur, what restrictions may exist



Saskatchewan



STAGE

Provincial dates or language related to the phasing of lightening public health measures



GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats



DRAGON BOAT

If practices in dragon boats are permitted to resume, what restrictions may exist



RACING

If DBC sanctioned events may occur, what restrictions may exist

As of June 17, 2021`

Indoors: Max. 8 people, masks mandatory and must maintain 3m distance



Manitoba



STAGE

Provincial dates or language related to the phasing of lightening public health measures



GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats



DRAGON BOAT

If practices in dragon boats are permitted to resume, what restrictions may exist



RACING

If DBC sanctioned events may occur, what restrictions may exist

Step 2 (70% adults and children age 12+ with one dose, 25% fully vaccinated) – July 1

Step 3 (75% adults and children age 12+ with one dose, 50% fully vaccinated) – August 2

Step 3 (80% adults and children age 12+ with one dose, 75% fully vaccinated) – September 6

25% or greater opening capacity for businesses, services and facilities as well as increased gathering sizes with restrictions for some sectors

50% or greater opening capacity for businesses, services and facilities as well as increased gathering sizes with fewer restrictions for specific sectors

All services, facilities and businesses will re-open with limited restrictions in some cases



TBD, dependent on distancing requirements



TBD, dependent on distancing requirements and gathering limits



STAGE

Provincial dates or language related to the phasing of lightening public health measures



GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats



DRAGON BOAT

If practices in dragon boats are permitted to resume, what restrictions may exist



RACING

If DBC sanctioned events may occur, what restrictions may exist

Step 1 (60% adults with one dose) – June 11

+21 days before next stage

Step 2 (70% adults with one dose, 20% fully vaccinated)

+21 days before next stage

Step 3 (70-80% adults with one dose, 25% fully vaccinated)

Max. 10 people, 3m distance, outdoors only

Max. 25 people (outdoors), max 5 (indoors) in high performance facilities only; 3m distance

Indoor and outdoor training, with restrictions



TBD, dependent on distancing requirements

TBD, dependent on distancing requirements and gathering limits

Quebec



STAGE

Provincial dates or language related to the phasing of lightening public health measures

Step 1 (70% adults with one dose, 9% fully vaccinated) – June 11

Step 2 (75% age 12+ with one dose, 9% fully vaccinated) – June 25

Step 3 (75% age 12+ fully vaccinated) – end of August or later



GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats

Indoor Sports: Maximum groups of 12 (practice with no contacts).
Outdoor sports: Maximum groups of 12 (practice with brief contacts)

Indoor Sports: Maximum groups of 25 (practice with no contacts).
Outdoor sports: Maximum groups of 50 (practice with brief contacts)

Additional relief for gatherings, sports & recreation.



DRAGON BOAT

If practices in dragon boats are permitted to resume, what restrictions may exist



TBD, dependent on distancing requirements



RACING

If DBC sanctioned events may occur, what restrictions may exist



TBD, dependent on distancing requirements and gathering limits



Newfoundland & Labrador



STAGE
Provincial dates or language related to the phasing of lightening public health measures



GROUP TRAINING
Broad examples of what group (land or water) training consists of, by phase, not including dragon boats



DRAGON BOAT
If practices in dragon boats are permitted to resume, what restrictions may exist



RACING
If DBC sanctioned events may occur, what restrictions may exist

Transition – Step 3 - June 15-September 15



New Brunswick



STAGE

Provincial dates or language related to the phasing of lightening public health measures

Phase 2 (75% 12+ first vaccination, 20% 65+ fully vaccinated; low transmission) – June 16

Phase 3 (75% 12+ fully vaccinated) – August 2



GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats

All friends and family in yellow areas; indoor <20 (50% capacity)



DRAGON BOAT

If practices in dragon boats are permitted to resume, what restrictions may exist



RACING

If DBC sanctioned events may occur, what restrictions may exist



Nova Scotia



STAGE

Provincial dates or language related to the phasing of lightening public health measures



GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats



DRAGON BOAT

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RACING

If DBC sanctioned events may occur, what restrictions may exist

Phase 2 – June 16 based on declining COVID-19 case counts, declining COVID-19 hospitalizations including critical care, increasing vaccination rate in people 12+

Phase 3 – expected date June 30

Phase 4 – expected date July 14

Phase 5 – expected date in September

Up to 10 people indoors and up to 25 people outdoors. Masks are recommended when you can't maintain a minimum physical distance of 2 metres

25 people indoors and up to 50 people outdoors. Masks are recommended when you can't maintain a minimum physical distance of 2 metres

Follow Phase 3

Dependent on 75% of population fully vaccinated with 2 doses



TBD, dependent on distancing requirements and gathering limits

Prince Edward Island



STAGE

Provincial dates or language related to the phasing of lightening public health measures

Step 1 (low transmission, increased vaccination) – June 6;
Step 2 (80% 12+ first vaccination) – June 27

Step 3 (low transmission; increased vaccination) – July 18;
Step 4 (50% 12+ fully vaccinated) – August 8

Step 5 (low transmission, 80% 12+ fully vaccinated) – September 12



GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats

Up to 50 people (increments of 50, up to 200, with approval) with 3.5m distance

Single cohort of 100 per day



DRAGON BOAT

If practices in dragon boats are permitted to resume, what restrictions may exist



RACING

If DBC sanctioned events may occur, what restrictions may exist

Spectators permitted who do not intermingle with those counted in gathering limits; minimized cheering



Yukon



STAGE

Provincial dates or language related to the phasing of lightening public health measures

Current phase (as of May 25, 2021)

Next phase: TBD



GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats

Indoors: gyms – up to 200 people, maintaining physical distancing and masks
Outdoors: 100 participants with physical distancing

Increasing capacity for gyms, recreational centres



DRAGON BOAT

If practices in dragon boats are permitted to resume, what restrictions may exist



TBD, may require public health approval



RACING

If DBC sanctioned events may occur, what restrictions may exist



TBD, may require public health approval

Northwest Territories



STAGE

Provincial dates or language related to the phasing of lightening public health measures

Step 1 (60% adults with one dose)

14-21 days before next stage

Step 2 (66-75% of adults partially vaccinated) – effective as of June 9, 2021

14-21 days before next stage

Step 3 (66-75% adults fully vaccinated)



GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats

Outdoor gatherings up to 50 people

Max. 200 people (outdoors) while maintaining 2m distance. For outdoor sports, maintain 2m distance when possible

Indoor and outdoor training, with no restrictions



DRAGON BOAT

If practices in dragon boats are permitted to resume, what restrictions may exist



RACING

If DBC sanctioned events may occur, what restrictions may exist



TBD, approval required for high-risk events and gatherings of more than 200 people

Nunavut



STAGE

Provincial dates or language related to the phasing of lightening public health measures

Current stage (as of June 14, 2021)



GROUP TRAINING

Broad examples of what group (land or water) training consists of, by phase, not including dragon boats

Indoor fitness: 25 people or 50% capacity, whichever is less; masks mandatory



DRAGON BOAT

If practices in dragon boats are permitted to resume, what restrictions may exist



Boat load: 50% capacity



RACING

If DBC sanctioned events may occur, what restrictions may exist



Spectators limited to 50 people

+14 days before next stage