



**DRAGON BOAT CANADA  
BATEAU-DRAGON CANADA**

**WATER'S EDGE**  

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*canpaddle.com*

**4th Annual  
Canadian National Dragon Boat Championships  
And Whistler Dragon Boat Festival**

**July 3-4, 2010  
Lake Alta, Whistler, BC**

**Race Officials and Coordinators**

Chief Official (Nationals)	Matthew Smith	Chief Umpire (Nationals)	Andrew Milner
Chief Official (Festival)	Jackie Webber	Chief Umpire (Festival)	Terry Parsons
Starter	Kim Admunsen	Umpire	Jeff Holubeshen
Chief Judge	Chen Gao	Umpire	Julie Beaulieu
Finish Judge	Brad Howie	Umpire	Greg Lamb
Finish Judge	Darcy Hicks		
Chief Marshal (Nationals)	Sue Humphries		
Chief Marshal (Festival)	Judy Shandler		
Registration and Logistics (Nationals)	Chloe Greenhalgh		
Race Coordinator (Nationals)	Matthew Smith		
Race Coordinator (Festival)	Jackie Webber		
Volunteer Coordinator	Pat Pawlett		
Announcer	Kerry Chou		

**Special Thanks to:**

Water's Edge for supplying Race equipment and Staff  
One Apparel for supplying staff and official clothing  
2009 DBC Executive Committee and Board of Directors  
The Resort Municipality of Whistler

**Canadian National Dragon Boat Championships 2010  
Points Summary**

<b>Junior Mixed Crews</b>		<b>500m</b>	<b>250m</b>	<b>2000m</b>	<b>Total</b>
	<b>Club</b>	<b>3 crews</b>	<b>3 crews</b>	<b>3 crews</b>	
1 Eric Hamber	FCRCC	2	2	2	6
2 Pemberton Layoam Eagles	Pemberton	6	6	6	18

<b>Under 23 Mixed Crews</b>		<b>500m</b>	<b>250m</b>	<b>2000m</b>	<b>Total</b>
	<b>Club</b>	<b>3 crews</b>	<b>3 crews</b>	<b>3 crews</b>	
1 FCRCC U23	FCRCC	5	5	5	15

<b>Premier Open Crews</b>		<b>500m</b>	<b>250m</b>	<b>2000m</b>	<b>Total</b>
	<b>Club</b>	<b>7 crews</b>	<b>7 crews</b>	<b>6 crews</b>	
1 High Performance	FCRCC	6	6	2	14
2 Magnum Masters of D'Zone	FCRCC	2	2	6	10

<b>Premier Women Crews</b>		<b>500m</b>	<b>250m</b>	<b>2000m</b>	<b>Total</b>
	<b>Club</b>	<b>11 crews</b>	<b>11 crews</b>	<b>8 crews</b>	
1 Montreal Women B	22Dragons	5	5	5	15
2 Bridge City Velocity*	Bridge City Velocity	0	0	0	0
3 Magnum	FCRCC	3	3	3	9
4 High Performance	FCRCC	8	8	8	24
5 Dragon Ladies	FCRCC	1	1	1	3

\*Exhibition - USA

<b>Premier Mixed Crews</b>		<b>500m</b>	<b>250m</b>	<b>2000m</b>	<b>Total</b>
	<b>Club</b>	<b>21 crews</b>	<b>21 Crews</b>	<b>22 crews</b>	
1 Dragon Hearts Magnum	FCRCC	7	7	7	21
2 Verdun Express	22Dragons	5	5	5	15
3 Pacific Reach	Pacific Reach	3	3	3	9
4 Sudden Impact	FCRCC	2	2	2	6
5 Oil City Crew	OCC	1	1	1	3
6 High Performance	FCRCC	10	10	10	30

<b>Senior A Open Crews</b>		<b>500m</b>	<b>250m</b>	<b>2000m</b>	<b>Total</b>
	<b>Club</b>	<b>2 crews</b>	<b>2 crews</b>	<b>2 crews</b>	
1 CSDC Open	Alliance	5	5	5	15

<b>Senior A Women Crews</b>		<b>500m</b>	<b>250m</b>	<b>2000m</b>	<b>Total</b>
	<b>Club</b>	<b>4 crews</b>	<b>4 crews</b>	<b>4 crews</b>	
1 Bridge City Velocity*	Bridge City DBC	-	-	-	0

\*Exhibition - USA

<b>Senior A Mixed Crews</b>		<b>Club</b>	<b>500m 4 crews</b>	<b>250m 4 crews</b>	<b>2000m 4 crews</b>	<b>Total</b>
1	Masters of D'zone	FCRCC	2	2	2	6
2	CSDC	Alliance	6	6	6	18

<b>Senior B Women Crews</b>		<b>Club</b>	<b>500m 4 crews</b>	<b>250m 4 crews</b>	<b>2000m 4 crews</b>	<b>Total</b>
1	Momentum	FCRCC	2	2	2	6
2	Saggin Dragons	FCRCC	6	6	6	18

<b>Senior B Mixed Crews</b>		<b>Club</b>	<b>500m 4 crews</b>	<b>250m 4 crews</b>	<b>2000m 4 crews</b>	<b>Total</b>
1	Masters of D'zone	FCRCC	5	5	5	15

<b>Senior C Open Crews</b>		<b>Club</b>	<b>500m 2 crews</b>	<b>250m 2 crews</b>	<b>2000m 2 crews</b>	<b>Total</b>
1	FCRCC	FCRCC	5	5	5	15

<b>Senior C Women Crews</b>		<b>Club</b>	<b>500m 4 crews</b>	<b>250m 4 crews</b>	<b>2000m 4 crews</b>	<b>Total</b>
1	FCRCC	FCRCC	5	5	5	15

<b>Senior C Mixed Crews</b>		<b>Club</b>	<b>500m 4 crews</b>	<b>250m 4 crews</b>	<b>2000m 4 crews</b>	<b>Total</b>
1	The Eh Team!	FCRCC	2	2		4
2	FCRCC Grand Dragons	FCRCC	6	6		12

<b>BCS Crews</b>		<b>Club</b>	<b>500m 4 crews</b>	<b>250m 4 crews</b>	<b>2000m 4 crews</b>	<b>Total</b>
1	Rowbust	Rowbust	6	6	6	18
2	Rowbust Drabon Spirit	Rowbust	2	2	2	6

### Club and Divisional Points

Club Points	Premier	Jr.	U23	Sr. A	Sr. B	Sr. C	BCS	Total
1 FCRCC	117	6	15	6	39	46	0	229
2 Alliance	0	0	0	33	0	0	0	33
3 22Dragons	30	0	0	0	0	0	0	30
4 Rowbust	0	0	0	0	0	0	24	24
5 Pemberton	0	18	0	0	0	0	0	18
6 Pacific Reach	9	0	0	0	0	0	0	9
7 OCC	3	0	0	0	0	0	0	3



## Saturday

Canadian Nationals - Premier/Senior Mixed 200m Heats					Canadian Nationals - Premier/Senior Mixed 200m Heats				
Race 1	Place	9:00 AM		TIME	Race 2	Place	9:08 AM		TIME
LANE	1	1	FCRCC Dragon Hearts Magnum	0:47.600	LANE	1	3	Sudden Impact	0:49.900
	2	2	Verdun Express	0:47.750		2	2	CSDC (senior A)	0:47.670
	3	3	Pacific Reach	0:48.710		3	4	Oil City Crew	0:54.640
	4	4	FCRCC Masters of D'Zone (senior A)	0:50.960		4	1	FCRCC High Performance	0:45.670
<b>Advancements:</b> Fastest, 4th Fastest, 5th Fastest and 8th Fastest from Race 1, 2 to Race 28, All others to Race 29					<b>Advancements:</b> Fastest, 4th Fastest, 5th Fastest and 8th Fastest from Race 1, 2 to Race 28, All others to Race 29				
Canadian Nationals - Premier Women/Senior Women/BCS 200m Heats					Canadian Nationals - Premier Women/Senior Women/BCS 200m Heats				
Race 9	Place	10:04 AM		TIME	Race 10	Place	10:12 AM		TIME
LANE	1	4	FCRCC Momentum (Senior B)	0:59.110	LANE	1	2	Dragon Hearts Magnum/Masters of D'Zone (pr.)	0:52.840
	2	1	Montreal Women B (pr.)	0:51.030		2	1	FCRCC High Performance (pr.)	0:49.520
	3	2	Bridge City Velocity Blue (pr.)	0:54.880		3	4	Rowbust (bcs)	0:55.550
	4	3	FCRCC Sagging Dragons (sr. b)	0:57.150		4	3	FCRCC Dragon Ladies (pr)	0:53.670
<b>Advancements:</b> Top 5 Fastest Premier to Race 37, Senior A and Senior B to Race 30, Senior C and BCS to race 36					<b>Advancements:</b> Top 5 Fastest Premier to Race 37, Senior A and Senior B to Race 30, Senior C and BCS to race 36				

### Course Break

Canadian Nationals - Premier Open/Senior A/C Open 200m Semi Finals					Canadian Nationals - Premier Women/Senior Women/BCS 200m Heats				
Race 13	Place	10:43 AM		TIME	Race 15	Place	10:51 AM		TIME
LANE	1	2	FCRCC Magnum/Masters of d"Zone	0:46.750	LANE	1	3	Rowbust/Dragon Spirit (bcs)	0:58.920
	2	4	FCRCC Senior C	0:50.750		2	1	FCRCC Senior C (sr. c)	0:55.800
	3	1	FCRCC High Performance	0:45.340		3	2	Bridge City - Senior (sr. A)	0:56.840
	4	3	CSDC	0:47.200		4			
<b>Advancements:</b> All to Race 35					<b>Advancements:</b> Top 5 Fastest Premier to Race 37, Senior A and Senior B to Race 30, Senior C and BCS to race 36				
Canadian Nationals - Senior C Mixed 200m Semi Final									
Race 24	Place	12:11 PM		TIME					
LANE	1								
	2	1	FCRCC Grand Dragons	0:54.300					
	3	2	The Eh Team!	0:55.670					
	4								
<b>Advancements:</b> All boats to Race 46									
Canadian Nationals - Junior/U23/Senior B Mixed 200m Semi Final									
Race 27	Place	12:35 PM		TIME					
LANE	1	4	FCRCC Eric Hamber (jr.)	0:51.430					
	2	3	FCRCC Masters of D'zone (sr. b)	0:48.880					
	3	2	Pemberton Layoam Eagles (jr.)	0:48.320					
	4	1	FCRCC 18-23 (u 23)	0:47.560					
<b>Advancements:</b> All boats to Race 44									

### Course Break

Canadian Nationals - Premier Mixed/Senior A Mixed 200m Semi Final					Canadian Nationals - Premier Mixed/Senior A Mixed 200m Semi Final				
Race 29	Place	12:55 PM		TIME	Race 31	Place	1:03 PM		TIME
LANE	1	4	Sudden Impact	0:50.920	LANE	1	3	Pacific Reach	0:48.470
	2	2	FCRCC Dragon Hearts Magnum	0:47.840		2	1	FCRCC High Performance	0:45.840
	3	1	CSDC (senior A)	0:47.000		3	2	Verdun Express	0:48.000
	4	3	FCRCC Masters of D'Zone (senior A)	0:50.680		4	4	Oil City Crew	0:54.350
<b>Advancements:</b> 1st, 2nd to Race 41; 3rd, 4th to Race 40					<b>Advancements:</b> 1st, 2nd to Race 41; 3rd, 4th to Race 40				
Canadian Nationals - Senior A/B Women 200m Grand Final									
Race 30	Place	1:06 PM		TIME					
LANE	1	3	FCRCC Momentum (Senior B)	1:00.600					
	2	1	Bridge City - Senior (sr. A)	0:56.640					
	3	2	FCRCC Sagging Dragons (sr. b)	0:57.560					
	4								

Canadian Nationals - Premier Open/Senior A/C Open 200m Grand Final				Canadian Nationals - Senior/BCS Grand Final - 200m					
Race 35	Place	1:46 PM	TIME	Race 36	Place	1:54 PM	TIME		
LANE	1	4	FCRCC Senior C	0:51.960	LANE	1	3	Rowbust/Dragon Spirit (bcs)	0:59.070
	2	1	FCRC High Performance	0:44.670		2	1	Rowbust (bcs)	0:55.560
	3	3	FCRCC Magnum/Masters of d'Zone	0:46.960		3	2	FCRCC Senior C (sr. c)	0:56.520
	4	2	CSDC	0:46.390		4			
Canadian Nationals - Premier Women Final									
Race 37	Place	2:02 PM	TIME						
LANE	0	5	Bridge City Velocity Blue (pr.)	0:55.320					
	1	3	Dragon Hearts Magnum/Masters of D'Zone (pr.)	0:52.920					
	2	1	FCRCC High Performance (pr.)	0:48.430					
	3	2	Montreal Women B (pr.)	0:51.280					
	4	4	FCRCC Dragon Ladies (pr)	0:53.790					
Canadian Nationals - Premier Mixed Final/Senior A Mixed Minor Final 200m				Canadian Nationals - Premier Mixed Final/Senior A Mixed Grand Final 200m					
Race 40	Place	2:26 PM	TIME	Race 41	Place	2:34 PM	TIME		
LANE	1	4	Oil City Crew	0:51.880	LANE	1	4	Verdun Express	0:48.200
	2	2	FCRCC Masters of D'Zone (senior A)	0:49.600		2	2	CSDC (senior A)	0:46.320
	3	1	Pacific Reach	0:48.430		3	1	FCRCC High Performance	0:45.240
	4	3	Sudden Impact	0:50.240		4	3	FCRCC Dragon Hearts Magnum	0:47.390
Canadian Nationals - Junior/U23/Senior B Mixed Grand Final 200m				Canadian Nationals - Senior C Mixed Grand Final 200m					
Race 44	Place	2:58 PM	TIME	Race 46	Place	3:14 PM	TIME		
LANE	1	4	FCRCC Eric Hamber (jr.)	0:50.790	LANE	1			
	2	1	FCRCC 18-23 (u 23)	0:48.070		2	1	FCRCC Grand Dragons	0:53.280
	3	2	Pemberton Layoam Eagles (jr.)	0:48.560		3	2	The Eh Team!	0:53.710
	4	3	FCRCC Masters of D'zone (sr. b)	0:50.200		4			

### Course Break

Canadian Nationals - open, Senior A, C, BCS women Final 2000m				Canadian Nationals - Premier and senior B women 2000m					
Race 50	Place	4:19 PM	TIME	Race 51	Place	4:39 PM	TIME		
LANE	1	4	FCRCC Senior C	10:01.030	LANE	1	7	FCRCC Momentum (Senior B)	11:57.030
	2	1	FCRCC Magnum/Masters of d'Zone	8:47.720		2	6	FCRCC Sagging Dragons (sr. b)	11:06.360
	3	3	CSDC	8:59.300		3	5	Bridge City Velocity Blue (pr.)	10:49.570
	4	2	FCRC High Performance	8:55.030		4	4	FCRCC Dragon Ladies (pr)	10:13.270
	5	8	Rowbust/Dragon Spirit (bcs)	11:50.030		5	3	Dragon Hearts Magnum/Masters of D'Zone (pr.)	10:02.960
	6	6	FCRCC Senior C (sr. c) - women	10:49.150		6	2	Montreal Women B (pr.)	9:42.550
	7	7	Bridge City - Senior (sr. A)	11:09.080		7	1	FCRCC High Performance (pr.)	9:08.120
	8	5	Rowbust (bcs)	10:40.960		8			

### Sunday

Canadian Nationals - Premier/Sr. Mixed 500m Heats				Canadian Nationals - Premier/Sr. Mixed 500m Heats					
Race 53	Place	8:00 AM	TIME	Race 54	Place	8:08 AM	TIME		
LANE	1	1	FCRCC High Performance	1:59.480	LANE	1	3	Pacific Reach	2:04.400
	2	2	Verdun Express	2:01.510		2	1	CSDC (sr. A)	1:59.120
	3	4	FCRCC Masters of D'Zone (sr. A)	2:07.150		3	4	Oil City Crew	2:10.080
	4	3	Sudden Impact	2:05.200		4	2	Dragon Hearts Magnum	2:01.950
<b>Advancements:</b> Fastest, 4th Fastest, 5th Fastest and 8th Fastest from Race 53, 54 to Race 80, All others to Race 81				<b>Advancements:</b> Fastest, 4th Fastest, 5th Fastest and 8th Fastest from Race 53, 54 to Race 80, All others to Race 81					
Canadian Nationals - Premier Women/Senior Women/BCS 500m Heats				Canadian Nationals - Premier Women/Senior Women/BCS 500m Heats					
Race 61	Place	9:04 AM	TIME	Race 62	Place	9:12 AM	TIME		
LANE	1	3	Bridge City Velocity Blue (pr.)	2:18.000	LANE	1	2	Montreal Women B (pr.)	2:13.190
	2	1	FCRCC High Performance (pr.)	2:08.280		2	1	Dragon Hearts Magnum/Masters of D'Zone (pr.)	2:12.960
	3	2	FCRCC Dragon Ladies (pr.)	2:15.520		3	4	Rowbust/Dragon spirit (bcs)	2:35.520
	4	4	FCRCC Momentum (sr. b)	2:34.720		4	3	FCRCC Sagging Dragons (sr. b)	2:27.680

**Advancements:** Fastest, 4th Fastest and 5th Fastest from Race 61, 62 to Race 71, All others to Race 72

**Advancements:** Fastest, 4th Fastest and 5th Fastest from Race 61, 62 to Race 71, All others to Race 72



### Course Break

Canadian Nationals - Premier Women/Senior Women/BCS 500m Heats					Extra Race				
Race 67	Place	9:59 AM		TIME	Race 66	Place	9:51 AM		TIME
LANE	1	2	FCRCC Senior C (sr. c)	2:24.560	LANE	1			
	2	1	Rowbust (bcs)	2:21.560		2			
	3	3	Bridge City - Senior (sr. a)	2:25.910		3			
	4					4			
<b>Advancements:</b> All to Race 83					<b>Advancements:</b> All to Race 82				
Canadian Nationals - Premier Open/Senior A/C Open 500m Semi Finals					Extra Race				
Race 65	Place	9:43 AM		TIME	Race 72	Place	#REF!		TIME
LANE	1	4	FCRCC Senior C	2:09.840	LANE	1			
	2	3	CSDC	2:00.570		2			
	3	2	FCRCC Magnum/Masters of d"Zone	1:59.640		3			
	4	1	FCRCC High Performance	1:58.070		4			
<b>Advancements:</b> All to Race 87					<b>Advancements:</b> 1st, 2nd to Race 88, All others to Race 89				
Canadian Nationals - Junior/U23/Senior B Mixed 500m Semi Final					Canadian Nationals - Senior C Mixed 500m Semi Final				
Race 76	Place	11:11 AM		TIME	Race 77	Place	11:19 AM		TIME
LANE	1	2	Pemberton Layoam Eagles (jr.)	2:05.680	LANE	1			
	2	3	FCRCC Eric Hamber (jr.)	2:07.280		2	1	FCRCC Grand Dragons	2:15.240
	3	1	FCRCC 18-23 (u23)	2:02.250		3	2	The Eh Team!	2:20.960
	4	4	FCRCC Masters of D'zone (sr. b)	2:09.310		4			
<b>Advancements:</b> All boats to Race 96					<b>Advancements:</b> All boats to Race 98				

### Course Break

Canadian Nationals - Premier Mixed/Senior A Mixed 500m Semi Final					Canadian Nationals - Premier Mixed/Senior A Mixed 500m Semi Final				
Race 80	Place	11:50 AM		TIME	Race 81	Place	11:58 AM		TIME
LANE	1	3	Pacific Reach	2:06.250	LANE	1	3	Sudden Impact	2:09.590
	2	1	CSDC (sr. A)	2:02.090		2	1	FCRCC High Performance	1:58.710
	3	2	Dragon Hearts Magnum	2:03.500		3	2	Verdun Express	2:04.150
	4	4	Oil City Crew	2:12.700		4	4	FCRCC Masters of D'Zone (sr. A)	2:11.030
<b>Advancements:</b> 1st, 2nd to Race 93; all others to Race 92					<b>Advancements:</b> 1st, 2nd to Race 93; all others to Race 92				
Canadian Nationals - Senior A&B Women 500m Grand Final					Extra Race				
Race 82	Place	12:06 PM		TIME	Race 83	Place	12:14 PM		TIME
LANE	1	3	FCRCC Momentum (sr. b)	2:37.840	LANE	1			
	2	2	Bridge City - Senior (sr. a)	2:26.080		2			
	3	1	FCRCC Sagging Dragons (sr. b)	2:23.910		3			
	4					4			
Canadian Nationals - Premier Open/Senior A/C Open 500m Grand Final					Canadian Nationals - Premier Women/Senior C 500m Minor Final				
Race 87	Place	12:46 PM		TIME	Race 88	Place	12:54 PM		TIME
LANE	1	4	FCRCC Senior C	2:16.280	LANE	1	3	Rowbust/Dragon spirit (bcs)	2:35.640
	2	1	FCRCC High Performance	1:58.120		2	1	Rowbust (bcs)	2:21.100
	3	2	FCRCC Magnum/Masters of d"Zone	2:00.280		3	2	FCRCC Senior C (sr. c)	2:21.260
	4	3	CSDC	2:01.560		4			
Canadian Nationals - Premier Women Final									
Race 90	Place	1:02 PM		TIME					
LANE	0	4	Bridge City Velocity Blue (pr.)	2:15.840					
	1	2	Montreal Women B (pr.)	2:12.150					
	2	1	FCRCC High Performance (pr.)	2:03.120					
	3	3	Dragon Hearts Magnum/Masters of D'Zone (pr.)	2:12.450					
	4	5	FCRCC Dragon Ladies (pr.)	2:16.360					
Canadian Nationals - Premier Mixed Final/Senior A Mixed Minor Final 500m					Canadian Nationals - Premier Mixed Final/Senior A Mixed Grand Final 500m				
Race 92	Place	2:12 PM		TIME	Race 93	Place	2:20 PM		TIME
LANE	1	3	FCRCC Masters of D'Zone (sr. A)	2:09.150	LANE	1	4	Verdun Express	2:06.150
	2	1	Pacific Reach	2:04.200		2	2	CSDC (sr. A)	2:00.120
	3	2	Sudden Impact	2:07.350		3	1	FCRCC High Performance	1:58.120
	4	4	Oil City Crew	2:11.560		4	3	Dragon Hearts Magnum	2:04.000

Canadian Nationals - Junior/U23/Senior B Mixed Grand Final 500m				Canadian Nationals - Senior C Mixed Grand Final 500m				
Race 96	Place	2:44 PM	TIME	Race 98	Place	3:00 PM	TIME	
LANE	1	3	FCRCC Masters of D'zone (sr. b)	2:06.760	1			
	2	1	FCRCC 18-23 (u23)	2:02.230	2	1	FCRCC Grand Dragons	2:16.430
	3	2	Pemberton Layoam Eagles (jr.)	2:04.350	3	2	The Eh Team!	2:24.470
	4	4	FCRCC Eric Hamber (jr.)	2:07.790	4			

### Course Break

Canadian Nationals - Premier Mixed/Senior A Mixed Grand Final 2000m				Canadian Nationals - Junior/U23/Senior B/C Mixed Grand Final 2000m				
Race 99	Place	3:20 PM	TIME	Race 100	Place	3:40 PM	TIME	
LANE	1	8	Oil City Crew	10:28.120	1	4	FCRCC Eric Hamber (jr.)	9:56.790
	2	7	Sudden Impact	10:04.810	2	1	FCRCC Masters of D'zone (sr. b)	9:25.270
	3	6	FCRCC Masters of D'Zone (sr. A)	9:17.870	3	2	Pemberton Layoam Eagles (jr.)	9:25.630
	4	5	Pacific Reach	9:15.970	4	3	FCRCC 18-23 (u23)	9:25.960
	5	4	Verdun Express	9:13.030	5	6	The Eh Team!	11:21.320
	6	3	Dragon Hearts Magnum	9:11.080	6	5	FCRCC Grand Dragons	10:21.870
	7	2	CSDC (sr. A)	9:03.240	7			
	8	1	FCRCC High Performance	8:42.030	8			