



**DRAGON BOAT CANADA
BATEAU-DRAGON CANADA**

**3rd Annual
Canadian National Dragon Boat Championships**

**August 21-23, 2009
Olympic Basin, Montreal, Quebec**

Race Officials and Coordinators

Chief Umpire and Chief Official	Andrew Milner	Umpire	Sami
Starter	Greg Lamb	Umpire	Jode Lax
Chief Judge	Rob Varnel	Umpire	Isabelle Dion
Finish Judge	Randi Pilon	Umpire	Gaetan Gagnon
Chief Marshal	Karen Yum	Umpire	Tim Halyk
Marshal	Sue Humphries		
Registrar	Chloe Greenhalgh		
Race Coordinator	Matthew Smith		
Volunteer Coordinator	Melanie Savoie		
Announcer	Nadia Drapeau		
Announcer	Julie Beaulieu		

Special Thanks to:

H2O Playground, 3R Dragon, and 22Dragons for supplying race equipment
One Apparel for supplying staff and official clothing
2009 DBC Executive Committee and Board of Directors

2009 National Championship Entries

Club

Crew

18-23 Open

- | | |
|---------------|-------------------------------------|
| 1 Alliance | ADBC University of Toronto Open |
| 2 pdbc | pdbc U23 Open |
| 3 New College | U of T New College New Dragons Open |

18-23 Mixed

- | | |
|---------------|--------------------------------|
| 1 Alliance | ADBC University of Toronto |
| 2 pdbc | pdbc U23 Mixed |
| 3 New College | U of T New College New Dragons |

Premier Open

- | | |
|-------------------------|-----------------------|
| 1 EDBRC | EDBRC Open |
| 2 H2O Playground | Les Brutes |
| 3 Scotia Rouge Piranhas | SRP Open |
| 4 OHDBC | Shaka |
| 5 3R Dragons | 3R Hommes |
| 6 Alliance | ADBC II |
| 7 22 Dragons | Mahjongg Montreal Men |

Premier Women

- | | |
|-------------------------|----------------------|
| 1 EDBRC | EDBRC Women |
| 2 Scotia Rough Piranhas | SRP Women |
| 3 H2O Playground | Adrenaline Women |
| 4 H2O Playground | Les Chicks |
| 5 H2O Playground | Les Gonzesses |
| 6 22 Dragons | Montreal Women Elite |
| 7 Galley Girls | Galley Girls |
| 8 3R Dragons | 3R Femmes |
| 9 Stratford | Stratford Women |
| 10 Alliance | ADBRC Premier Women |
| 11 OHDBC | OHDBC Premier Women |

Premier Mixed

1 EDBRC	EDBRC Mixed
2 Scotia Rouge Piranhas	SRP
3 OHDBC	Mofos
4 H2O Playground	Half Row
5 H2O Playground	Les Pics Bois
6 22 Dragons	Verdun Adrenaline
7 22 Dragons	Verdun Express
8 Big Fish	Commerce Court Health Centre
9 Sudden Impact	Black
10 22 Dragons	Phoenix ETS - Fireball
11 22 Dragons	RBC Comets
12 3R Dragon	Mixte A
13 3R Dragon	Mixte B
14 SCC	Team Chiro
15 Alliance	Hanalei
16 MDBRC	Montreal Mix
17 CBD Ville de Quebec	Barbares de Quebec
18 H2O Playground	Adrenaline Mixte
19 Cascades	Chelsea
20 22 Dragons	BMO
21 22 Dragons	Magic Drojons

Senior Open

1 22 Dragons	Montreal Masters
2 Alliance	CSDC Open

Senior Women

1 Alliance	CSDC Women
2 pdbc	Masters Women
3 OHDBC	OHDBC Senior Women
4 22 Dragons	Montreal Senior Women

Senior Mixed

1 Hydro Quebec	Maitres Dragons
2 H2O Playground	Le 40+
3 pdbc	masters
4 Alliance	CSDC

Grand Dragon Open

- | | |
|------------|----------------------|
| 1 Alliance | ADBC Grand Dragon |
| 2 pdbc | QDBTC/pdbc Heat Open |

Grand Dragon Women

- | | |
|------------|----------------------|
| 1 Alliance | ADBC Grand Dragon |
| 2 pdbc | QDBTC/pdbc Heat Open |

Grand Dragon Mixed

- | | |
|--------------|------------------------|
| 1 Cobourg | Keel Hollers |
| 2 Alliance | ADBC Grand Dragon |
| 3 22 Dragons | Montreal Grand Dragons |
| 4 pdbc | QDBTC/pdbc Heat |
| 5 pdbc | QDBTC/pdbc White Heat |

**Canadian National Dragon Boat Championships 2009
Points Summary**

Under 23 Open Crews		500m 3 crews	250m 3 crews	2000m 3 crews	Total	
	Club					
1	ADBC University of Toronto Open	Alliance	4	2	4	10
2	pdbc U23 Open	PDBC	2	4	2	8
3	U of T New College New Dragons Open	New College	7	7	7	21

Under 23 Mixed Crews		500m 3 crews	250m 3 crews	2000m 3 crews	Total	
	Club					
1	ADBC University of Toronto	Alliance	2	2	2	6
2	pdbc U23 Mixed	PDBC	4	4	4	12
3	U of T New College New Dragons	New College	7	7	7	21

Premier Open Crews		500m 7 crews	250m 7 crews	2000m 6 crews	Total	
	Club					
1	EDBRC Open	EDBRC	1	2	1	4
2	Les Brutes	H2O Playground	2	1	5	8
3	SRP Open	Scotia Rouge Piranhas	6	6	0	12
4	Shaka	OHDBC	3	4	3	10
5	3R Hommes	3R Dragon	11	8	10	29
6	ADBC II	Alliance	4	3	2	9
7	Mahjongg Montreal Men	22Dragons	8	11	7	26

Premier Women Crews		500m 11 crews	250m 11 crews	2000m 8 crews	Total	
	Club					
1	EDBRC Women	EDBRC	2	2	2	6
2	SRP Women	Scotia Rouge Piranhas	3	1	0	4
3	Adrenaline Women	H2O Playground	7	8	7	22
4	Les Chicks	H2O Playground	4	4	4	12
5	Les Gonzesses	H2O Playground	1	3	3	7
6	Montreal Women Elite	22Dragons	15	15	5	35
7	Galley Girls	Galley Girls	8	7	0	15
8	3R Femmes	3R Dragon	10	10	12	32
9	Stratford Women	Stratford	5	5	1	11
10	ADBRC Premier Women	Alliance	6	6	0	12
11	OHDBC Premier Women	OHDBC	12	12	9	33

Premier Mixed Crews		500m	250m	2000m	Total
	Club	21 crews	21 Crews	22 crews	
1	EDBRC Mixed	15	12	4	31
2	SRP	17	20	15	52
3	Mofos	7	14	0	21
4	Half Row	12	10	7	29
5	Les Pics Bois	5	3	6	14
6	Verdun Adrenaline	22	25	22	69
7	Verdun Express	10	8	8	26
8	Commerce Court Health Centre	18	17	0	35
9	Black	6	6	10	22
10	Phoenix ETS - Fireball	4	5	11	20
11	RBC Comets	1	1	1	3
12	Mixte A	16	15	14	45
13	Mixte B	13	11	3	27
14	Team Chiro	25	22	19	66
15	Hanalei	20	18	13	51
16	Montreal Mix	8	13	12	33
17	Barbares de Quebec	2	2	2	6
18	Adrenaline Mixte	9	7	9	25
19	Chelsea	3	4	0	7
20	BMO	14	16	17	47
21	Magic Dragons	11	9	5	25

Senior Open Crews		500m	250m	2000m	Total
	Club	2 crews	2 crews	2 crews	
1	Montreal Masters	3	3	3	9
2	CSDC Open	6	6	6	18

Senior Women Crews		500m	250m	2000m	Total
	Club	4 crews	4 crews	4 crews	
1	CSDC Women	8	8	5	21
2	Masters Women	1	1	3	5
3	OHDBC Senior Women	5	3	8	16
4	Montreal Senior Women	3	5	1	9

Senior Mixed Crews		500m	250m	2000m	Total
	Club	4 crews	4 crews	4 crews	
1	Maitres Dragons	1	1	5	7
2	Le 40+	5	3	1	9
3	masters	3	5	3	11
4	CSDC	8	8	8	24

Grand Dragon Open Crews		500m	250m	2000m	Total
	Club	2 crews	2 crews	1 crew	
1	ADBC Grand Dragon	3	3	0	6
2	QDBTC/pdbc Heat Open	6	6	5	17

Grand Dragon Women Crews		500m	250m	2000m	Total
	Club	2 crews	2 crews	1 crew	
1	ADBC Grand Dragon	3	3	0	6
2	QDBTC/pdbc Heat Open	6	6	5	17

Grand Dragon Mixed Crews		500m	250m	2000m	Total
	Club	5 crews	5 crews	5 crews	
1	Keel Hollers	1	2	1	4
2	ADBC Grand Dragon	4	6	4	14
3	Montreal Grand Dragons	6	4	6	16
4	QDBTC/pdbc Heat	9	9	9	27
5	QDBTC/pdbc White Heat	2	1	2	5

Club and Divisional Points

Club	Premier	U23	Sr	GD	Total
1 22Dragons	251	0	18	16	285
2 Alliance	72	16	63	26	177
3 3R Dragon	133	0	0	0	133
4 H2O Playground	117	0	9	0	126
5 PDBC	0	20	16	66	102
6 OHDBC	64	0	16	0	80
7 Scotia Rouge Piranhas	68	0	0	0	68
8 SCC	66	0	0	0	66
9 EDBRC	41	0	0	0	41
10 New College	0	42	0	0	42
11 Big Fish	35	0	0	0	35
12 MDBRC	33	0	0	0	33
13 Sudden Impact	22	0	0	0	22
14 Galley Girls	15	0	0	0	15
15 Stratford	11	0	0	0	11
16 Cascades	7	0	0	0	7
17 Hydro Quebec	0	0	7	0	7
18 CBD Ville de Quebec	6	0	0	0	6
19 Cobourg	0	0	0	4	4

CCWC point Summary Points Summary

Points - 1st-10, 2nd-5, 3rd-3, 4th-2, 5th-1

Crews	Division	Class	500m	250m	Total
1 ADBC University of Toronto Open	Under 23	Open	5	3	8
2 pdbc U23 Open	Under 23	Open	3	5	8
3 U of T New College New Dragons Open	Under 23	Open	10	10	20

Crews	Division	Class	500m	250m	Total
1 ADBC University of Toronto	Under 23	Mixed	3	3	6
2 pdbc U23 Mixed	Under 23	Mixed	5	5	10
3 U of T New College New Dragons	Under 23	Mixed	10	10	20

Crews	Division	Class	500m	250m	Total
1 EDBRC Open	Premiere	Open		1	1
2 Les Brutes* Race off winner	Premiere	Open	1		1
3 SRP Open	Premiere	Open	5	5	10
4 Shaka	Premiere	Open	2	3	5
5 ADBC II	Premiere	Open	3	2	5
6 Mahjongg Montreal Men	Premiere	Open	10	10	20

Crews	Division	Class	500m	250m	Total
1 EDBRC Women	Premiere	Women			0
2 SRP Women	Premiere	Women			0
3 Adrenaline Women	Premiere	Women	2	3	5
4 Les Chicks	Premiere	Women			0
5 Les Gonzesses	Premiere	Women			0
6 Montreal Women Elite	Premiere	Women	10	10	20
7 Galley Girls	Premiere	Women	3	2	5
8 Stratford Women	Premiere	Women			0
9 ADBRC Premier Women	Premiere	Women	1	1	2
# OHDBC Premier Women	Premiere	Women	5	5	10

	Crews	Division	Class	500m	250m	Total
1	EDBRC Mixed	Premiere	Mixed			0
2	SRP	Premiere	Mixed	1	3	4
3	Mofos	Premiere	Mixed			0
4	Half Row	Premiere	Mixed			0
5	Les Pics Bois	Premiere	Mixed			0
6	Verdun Adrenaline	Premiere	Mixed	5	10	15
7	Verdun Express	Premiere	Mixed			0
8	Commerce Court Health Centre	Premiere	Mixed	2	1	3
9	Black	Premiere	Mixed			0
#	Phoenix ETS - Fireball	Premiere	Mixed			0
#	Team Chiro	Premiere	Mixed	10	5	15
#	Hanalei	Premiere	Mixed	3	2	5
#	Montreal Mix	Premiere	Mixed			0
#	Adrenaline Mixte	Premiere	Mixed			0
#	BMO	Premiere	Mixed			0

	Crews	Division	Class	500m	250m	Total
1	Montreal Masters	Senior	Open	5	5	10
2	CSDC Open	Senior	Open	10	10	20

	Crews	Division	Class	500m	250m	Total
1	CSDC Women	Senior	Women	10	10	20
2	Masters Women	Senior	Women	2	2	4
3	OHDBC Senior Women	Senior	Women	5	3	8
4	Montreal Senior Women	Senior	Women	3	5	8

	Crews	Division	Class	500m	250m	Total
1	Maitres Dragons	Senior	Mixed	2	2	4
2	Le 40+	Senior	Mixed	5	3	8
3	masters	Senior	Mixed	3	5	8
4	CSDC	Senior	Mixed	10	10	20

Crews	Division	Class	500m	250m	Total
1 ADBC Grand Dragon	Grand Dragon	Open	5	5	10
2 QDBTC/pdbc Heat Open	Grand Dragon	Open	10	10	20

Crews	Division	Class	500m	250m	Total
1 ADBC Grand Dragon	Grand Dragon	Women	5	5	10
2 QDBTC/pdbc Heat Open	Grand Dragon	Women	10	10	20

Crews	Division	Class	500m	250m	Total
1 Keel Hollers	Grand Dragon	Mixed	1	2	3
2 ADBC Grand Dragon	Grand Dragon	Mixed	3	5	8
3 Montreal Grand Dragons	Grand Dragon	Mixed	5	3	8
4 QDBTC/pdbc Heat	Grand Dragon	Mixed	10	10	20
5 QDBTC/pdbc White Heat	Grand Dragon	Mixed	2	1	3

**Race Program for Friday, August 21st
Canadian National Dragon Boat Championships 2009**

Race	Heat 1 - Grand Dragon/Under 23 Mixed 250m*	12:15 PM	
1	Teams	Rank	Time
1	Cobourg Keel Hollers	3	01:06.13
2	U of T New College New Dragons	1	01:01.66
3	ADBC University of Toronto Mixed	2	01:04.33
4	QDBTC/PDBC White Heat	4	01:06.93

Race	Heat 2 - Grand Dragon/Under 23 Mixed 250m*	12:30 PM	
2	Teams	Rank	Time
1	Montreal Grand Dragons	3	01:05.93
2	PDBC U23 Mixed	2	01:05.07
3	QDBTC/PDBC Heat	1	01:02.50
4	ADBC Grand Dragons	4	01:06.10

*4 fastest GD crews advance to race 7, 5th fastest GD crew advances to lane 4 of race 6

Race	Heat 1 - Grand Dragon Open 250m	1:00 PM	
3	Teams	Rank	Time
1			
2	ADBC Grand Dragons	2	01:07.43
3	QDBTC/PDBC Heat Open	1	01:03.33
4			

Race	Heat 1 - Under 23 Open 250m	1:15 PM	
4	Teams	Rank	Time
1	PDBC U23 Open	2	01:04.56
2	U of T New College New Dragons Open	3	01:02.56
3	ADBC University of Toronto Open	1	01:03.56
4			

Race	Heat 1 - Grand Dragon Women 250m	1:30 PM	
5	Teams	Rank	Time
1			
2	ADBC Grand Dragons	2	01:10.97
3	QDBTC/PDBC Heat Open	1	01:08.97
4			

Race	Final - Under 23 (and Grand Dragon) Mixed 250m	1:45 PM	
6	Teams	Rank	Time
1	PDBC U23 Mixed	2	01:04.10
2	U of T New College New Dragons	1	01:02.60
3	ADBC University of Toronto Mixed	3	01:05.23
4	QDBTC/pdbc White Heat	4	01:07.83

Race	Final - Grand Dragon Mixed 250m	2:00 PM	
7	Teams	Rank	Time
1	ADBC Grand Dragons	2	01:04.63
2	QDBTC/PDBC Heat	1	01:02.60
3	Montreal Grand Dragons	3	01:04.83
4	Cobourg Keel Hollers	4	01:07.43

Race	Final - Grand Dragon Open 250m	2:30 PM	
8	Teams	Rank	Time
1			
2	QDBTC/pdbc Heat Open	1	01:03.50
3	ADBC Grand Dragons	2	01:07.67
4			

Race	Final - Under 23 Open 250m	2:45 PM	
9	Teams	Rank	Time
1	PDBC U23 Open	2	01:04.23
2	U of T New College New Dragons Open	1	01:02.40
3	ADBC University of Toronto Open	3	01:04.50
4			

Race	Final - Grand Dragon Women 250m	3:00 PM	
10	Teams	Rank	Time
1			
2	QDBTC/pdbc Heat Open	1	01:08.54
3	ADBC Grand Dragons	2	01:11.07
4			

Race	Final - Under 23 Mixed 2000m	3:40 PM	
11	Teams	Rank	Time
1	ADBC University of Toronto Mixed	3	09:46.32
2	PDBC U23 Mixed	2	09:39.62
3	U of T New College New Dragons	1	09:33.80
6			

Race	Final - Grand Dragon Mixed 2000m	3:42 PM	
11a	Teams	Rank	Time
1	QDBTC/pdbc White Heat	4	10:16.87
2	Cobourg Keel Hollers	5	10:47.30*
3	Montreal Grand Dragons	2	09:52.00
4	ADBC Grand Dragons	3	09:54.18
5	QDBTC/PDBC Heat	1	09:21.26

*10s penalty for failing to give way

Race	Final - Grand Dragon Open 2000m	4:20 PM	
11b	Teams	Rank	Time
1	ADBC Grand Dragons	Scratch	
2	QDBTC/pdbc Heat Open	1	No Race
3			
4			

Race	Final - Under 23 Open 2000m	4:21 PM	
11c	Teams	Rank	Time
1	ADBC University of Toronto Open	2	09:46.19
2	PDBC U23 Open	3	09:50.37
3	U of T New College New Dragons Open	1	09:38.36
4			

Race	Final - Grand Dragon Women 2000m	4:22 PM	
11d	Teams	Rank	Time
1	ADBC Grand Dragons	Scratch	
2	QDBTC/pdbc Heat Open	1	No Race
3			
4			

**Race Program for Saturday, August 22nd
Canadian National Dragon Boat Championships 2009**

Race	Heat 1 - Grand Dragon Women 500m	8:00 AM	
12	Teams	Rank	Time
1			
2	QDBTC/PDBC Heat	1	02:17.74
3	ADBC Grand Dragons	2	02:22.18
4			

Race	Heat 1 - Grand Dragon Open 500m	8:10 AM	
13	Teams	Rank	Time
1			
2	QDBTC/PDBC Heat	1	02:08.76
3	ADBC Grand Dragons	2	02:16.67
4			

Race	Heat 1 - Under 23 Open 500m	8:20 AM	
14	Teams	Rank	Time
1	U of T New College New Dragons Open	1	02:07.62
2	ADBC University of Toronto Open	2	02:09.13
3	PDBC U23 Open	3	02:13.90
4			

Race	Heat 1 - Premier Mixed 500m	8:30 AM	
15	Teams	Rank	Time
1	BMO (22Dragons)	1	02:06.09
2	Montreal Mix (MDBRC)	2	02:07.69
3	Magic Dragons (22Dragons)	3	02:08.73
4			

Race	Heat 2 - Premier Mixed 500m	8:40 AM	
16	Teams	Rank	Time
1	Verdun Express (22Dragons)	2	02:09.23
2	RBC Comets (22Dragons)	3	02:10.60
3	EDBRC Mixed	1	02:07.29
4			

Race	Heat 3 - Premier Mixed 500m	8:50 AM	
17	Teams	Rank	Time
1	3R Dragon Mixte A	1	02:06.23
2	Cascades Chelsea	3	02:10.60
3	Les Pics Bois (H2O Playground)	2	02:10.00
4			

Race	Heat 4 - Premier Mixed 500m	9:00 AM	
18	Teams	Rank	Time
1	SRP (Scotia Rouge)	1	02:04.99
2	Adrenaline Mixed (H2O Playground)	3	02:08.56
3	SCC Team Chiro	2	02:05.46
4	Barbares de Quebec (CBD Ville de Quebec)	4	02:10.93

Race	Heat 5 - Premier Mixed 500m	9:10 AM	
19	Teams	Rank	Time
1	Mofos (OHDBC)	2	02:09.43
2	Half Row (H2O Playground)	1	02:08.96
3	Phoenix ETS - Fireball (22Dragons)	4	02:10.96
4	Sudden Impact Black	3	02:10.20

Race	Heat 6 - Premier Mixed 500m	9:20 AM	
20	Teams	Rank	Time
1	Hanalei (ADBC)	1	02:04.59
2	Verdun Adrenaline (22Dragons)	2	02:04.67
3	Commerce Court Health Centre Big Fish	3	02:06.19
4	3R Dragon Mixte B	4	02:07.96

Race	Final - Grand Dragon Women 500m	9:30 AM	
21	Teams	Rank	Time
1			
2	QDBTC/PDBC Heat	1	02:16.97
3	ADBC Grand Dragons	2	02:19.44
4			

Race	Final - Grand Dragon Open 500m	9:40 AM	
22	Teams	Rank	Time
1			
2	QDBTC/PDBC Heat	1	02:05.73
3	ADBC Grand Dragons	2	02:16.57
4			

Race	Final - Under 23 Open 500m	9:50 AM	
23	Teams	Rank	Time
1	PDBC U23 Open	3	02:10.67
2	U of T New College New Dragons Open	1	02:08.30
3	ADBC University of Toronto Open	2	02:09.23
4			

Race	Heat 1 - Grand Dragon / Under 23 Mixed 500m	10:20 AM	
24	Teams	Rank	Time
1	QDBTC/PDBC Heat	1	02:07.66
2	QDBTC/PDBC White Heat	4	02:16.14
3	Montreal Grand Dragons	3	02:11.93
4	U of T New College New Dragons	2	02:10.00

Race	Heat 2 - Grand Dragon / Under 23 Mixed 500m	10:28 AM	
25	Teams	Rank	Time
1	ADBC University of Toronto Mixed	1	02:11.90
2	ADBC Grand Dragons	2	02:12.87
3	Cobourg Keel Hollers	4	02:16.44
4	PDBC U23 Mixed	3	02:15.10

Race	Semi-Final C - Premier Mixed 500m	10:36 AM	
26	Teams	Rank	Time
1	Phoenix ETS - Fireball (22Dragons)	2	02:10.63
2	Sudden Impact Black	1	02:09.76
3	Cascades Chelsea	3	02:11.26
4			

Race	Semi-Final C - Premier Mixed 500m	10:44 AM	
27	Teams	Rank	Time
1	Barbares de Quebec (CBD Ville de Quebec)	2	02:10.93
2	Les Pics Bois (H2O Playground)	1	02:10.56
3	RBC Comets (22Dragons)	3	02:11.26
4			

Race	Semi-Final B - Premier Mixed 500m	10:52 AM	
28	Teams	Rank	Time
1	Verdun Express (22Dragons)	2	02:08.88
2	3R Dragon Mixte B	1	02:08.76
3	Adrenaline Mixed (H2O Playground)	4	02:09.30
4	Mofos (OHDBC)	3	02:09.16

Race	Semi-Final B - Premier Mixed 500m	11:00 AM	
29	Teams	Rank	Time
1	Half Row (H2O Playground)	1	02:08.43
2	Montreal Mix (MDBRC)	3	02:09.23
3	Magic Dragons (22Dragons)	2	02:09.03
4			

Race	Semi-Final A - Premier Mixed 500m	11:08 AM	
30	Teams	Rank	Time
1	Commerce Court Health Centre Big Fish	2	02:05.73
2	Verdun Adrenaline (22Dragons)	1	02:05.13
3	SRP (Scotia Rouge)	4	02:06.86
4	3R Dragon Mixte A	3	02:06.49

Race	Semi-Final A - Premier Mixed 500m	11:16 AM	
31	Teams	Rank	Time
1	BMO (22Dragons)	3	02:06.17
2	Hanalei (ADBC)	2	02:05.83
3	SCC Team Chiro	1	02:04.86
4	EDBRC Mixed	4	02:06.89

Race	Final A - Under 23 (and Grand Dragon) Mixed 500m	11:24 AM	
32	Teams	Rank	Time
1	PDBC U23 Mixed	2	02:09.67
2	U of T New College New Dragons	1	02:07.86
3	ADBC University of Toronto Mixed	3	02:10.46
4	Cobourg Keel Hollers	4	02:18.61

Race	Final A - Grand Dragon Mixed 500m	11:32 AM	
33	Teams	Rank	Time
1	ADBC Grand Dragons	3	02:11.40
2	QDBTC/PDBC Heat	1	02:08.36
3	Montreal Grand Dragons	2	02:11.33
4	QDBTC/PDBC White Heat	4	02:17.07

Race	Final C Consolation - Premier Mixed 500m	11:40 AM	
34	Teams	Rank	Time
1	Cascades Chelsea	1	02:10.66
2	Barbares de Quebec (CBD Ville de Quebec)	2	02:11.44
3	RBC Comets (22Dragons)	3	02:12.24
4			

Race	Final C Championship - Premier Mixed 500m	11:48 AM	
35	Teams	Rank	Time
1	Phoenix ETS - Fireball (22Dragons)	3	02:10.66
2	Les Pics Bois (H2O Playground)	2	02:10.46
3	Sudden Impact Black	1	02:09.66
4			

Race	Final B Consolation - Premier Mixed 500m	11:56 AM	
36	Teams	Rank	Time
1	Adrenaline Mixed (H2O Playground)	1	02:09.46
2	Mofos (OHDBC)	3	02:09.76
3	Montreal Mix (MDBRC)	2	02:09.63
4			

Race	Final B Championship - Premier Mixed 500m	12:04 PM	
37	Teams	Rank	Time
1	Verdun Express (22Dragons)	4	02:09.63
2	Half Row (H2O Playground)	2	02:08.86
3	3R Dragon Mixte B	1	02:08.77
4	Magic Dragons (22Dragons)	3	02:09.30

Race	Final A Consolation - Premier Mixed 500m	12:12 PM	
38	Teams	Rank	Time
1	EDBRC Mixed	3	02:06.90
2	3R Dragon Mixte A	2	02:06.79
3	BMO (22Dragons)	4	02:06.93
4	SRP (Scotia Rouge)	1	02:05.99

Race	Final A Championship - Premier Mixed 500m	12:20 PM	
39	Teams	Rank	Time
1	Commerce Court Health Centre Big Fish	4	02:06.37
2	SCC Team Chiro	1	02:05.03
3	Verdun Adrenaline (22Dragons)	2	02:05.99
4	Hanalei (ADBC)	3	02:06.36

Break

Race	Heat 1 - Senior Women 500m	1:00 PM	
40	Teams	Rank	Time
1	Montreal Senior Women (22 Dragons)	3	02:15.04
2	OHDBC Senior Women	1	02:14.40
3	PDBC Masters Women	4	02:18.94
4	CSDC Women (ADBC)	2	02:14.60

Race	Heat 1 - Senior Open 500m	1:10 PM	
41	Teams	Rank	Time
1			
2	Montreal Masters (22 Dragons)	2	02:07.17
3	CSDC Open (ADBC)	1	02:06.66
4			

Race	Heat 1 - Premier Women 500m	1:20 PM	
42	Teams	Rank	Time
1	OHDBC Premier Women	1	02:11.26
2	Stratford Women	2	02:16.62
3	EDBRC Women	3	02:20.07
4			

Race	Heat 2 - Premier Women 500m	1:30 PM	
43	Teams	Rank	Time
1	Adrenaline Women (H2O Playground)	2	02:13.03
2	3R Femmes (3R Dragons)	3	02:13.20
3	Montreal Women (22 Dragons)	1	02:12.00
4	ADBC Premier Women	4	02:14.63

Race	Heat 3 - Premier Women 500m	1:40 PM	
44	Teams	Rank	Time
1	SRP Women (Scotia Rouge)	2	02:16.27
2	Les Gonzesses (H2O Playground)	4	02:17.40
3	Galley Girls	1	02:14.94
4	Les Chicks (H2O Playground)	3	02:17.24

Race	Heat 1 - Premier Open 500m	1:50 PM	
45	Teams	Rank	Time
1	3R Hommes (3R Dragons)	1	02:03.98
2	ADBC II	3	02:05.16
3	SRP Open (Scotia Rouge)	2	02:04.69
4			

Race	Heat 2 - Premier Open 500m	2:00 PM	
46	Teams	Rank	Time
1	EDBRC Open	3	02:05.99
2	Mahjongg Montreal Men (22 Dragons)	1	02:04.26
3	Les Brutes (H20 Playground)	2	02:05.66
4	Shaka (OHDBC)	4	02:06.29

Race	Final A - Senior Women 500m	2:10 PM	
47	Teams	Rank	Time
1	Montreal Senior Women (22 Dragons)	3	02:16.00
2	OHDBC Senior Women	2	02:15.00
3	CSDC Women (ADBC)	1	02:14.57
4	PDBC Masters Women	4	02:18.77

Race	Final A - Senior Open 500m	2:20 PM	
48	Teams	Rank	Time
1			
2	CSDC Open (ADBC)	1	02:05.89
3	Montreal Masters (22 Dragons)	2	02:07.36
4			

Race	Semi-Final A/B 1 - Premier Women 500m	2:40 PM	
49	Teams	Rank	Time
1	Les Chicks (H20 Playground)	3	02:18.24
2	Adrenaline Women (H20 Playground)	2	02:14.40
3	3R Femmes (3R Dragons)	1	02:13.73
4	Les Gonzesses (H20 Playground)	4	02:20.41

Race	Semi-Final A/B 2 - Premier Women 500m	2:50 PM	
50	Teams	Rank	Time
1	Stratford Women	2	02:15.97
2	Montreal Women (22 Dragons)	1	02:11.57
3	ADBC Premier Women	3	02:16.60
4	EDBRC Women	4	02:19.94

Race	Semi-Final A/B 3 - Premier Women 500m	3:00 PM	
51	Teams	Rank	Time
1	SRP Women (Scotia Rouge)	3	02:18.94
2	OHDBC Premier Women	1	02:12.37
3	Galley Girls	2	02:13.90
4			

Race	Final A Consolation - Premier Open 500m	3:10 PM	
52	Teams	Rank	Time
1	Shaka (OHDBC)	1	02:05.83
2	Les Brutes (H20 Playground)	2	02:06.36
3	EDBRC Open	3	02:07.06
4			

Race	Final A Championship - Premier Open 500m	3:20 PM	
53	Teams	Rank	Time
1	SRP Open (Scotia Rouge)	3	02:04.52
2	3R Hommes (3R Dragons)	1	02:03.85
3	Mahjongg Montreal Men (22 Dragons)	2	02:03.86
4	ADBC II	4	02:05.39

Race	Heat 1 - Senior Mixed 500m	3:30 PM	
54	Teams	Rank	Time
1	PDBC Masters	1	02:11.05
2	Maitres Dragons (Hydro Quebec)	4	02:12.32
3	CSDC (ADBC)	2	02:11.33
4	Le 40+ (H20 Playground)	3	02:12.30

Race	Final B - Premier Women 500m	3:40 PM	
55	Teams	Rank	Time
1	Les Gonzesses (H20 Playground)	3	02:21.94
2	SRP Women (Scotia Rouge)	1	02:19.24
3	EDBRC Women	2	02:20.57
4			

Race	Final A Consolation - Premier Women 500m	3:50 PM	
56	Teams	Rank	Time
1	ADBC Premier Women	2	02:16.87
2	Adrenaline Women (H20 Playground)	1	02:13.50
3	Stratford Women	3	02:17.50
4	Les Chicks (H20 Playground)	4	02:19.11

Race	Final A Championship - Premier Women 500m	4:00 PM	
57	Teams	Rank	Time
1	3R Femmes (3R Dragons)	3	02:13.28
2	Montreal Women (22 Dragons)	1	02:11.47
3	OHDBC Premier Women	2	02:12.00
4	Galley Girls	4	02:14.03

Race	Final A Championship - Senior Mixed 500m	4:10 PM	
58	Teams	Rank	Time
1	Le 40+ (H20 Playground)	2	02:10.76
2	PDBC Masters	3	02:11.29
3	CSDC (ADBC)	1	02:09.26
4	Maitres Dragons (Hydro Quebec)	4	02:13.83

Race	Final - Premier Open 2000m	4:30 PM	
59	Teams	Rank	Time
1	EDBRC Open	6	09:32.97
2	Les Brutes (H20 Playground)	3	09:11.10
3	Shaka (OHDBC)	4	09:22.33*
4	ADBC II	5	09:27.14**
5	Mahjongg Montreal Men (22 Dragons)	2	09:07.04
6	3R Hommes (3R Dragons)	1	09:06.00

* bonus 3s for being hit by boat 4

** penalty 10s for collision with boat 3

Race	Final - Senior Women 2000m	4:32 PM	
59a	Teams	Rank	Time
7	PDBC Masters Women	3	10:50.42
8	Montreal Senior Women (22 Dragons)	4	11:20.94*
9	OHDBC Senior Women	1	10:05.80
10	CSDC Women (ADBC)	2	10:08.07**

* penalty 10s for going out-of-course

** bonus 3s for avoiding collision with boat 8

Race	Final - Senior Open 2000m	5:15 PM	
60	Teams	Rank	Time
11	Montreal Masters (22 Dragons)	2	09:54.64*
12	CSDC Open (ADBC)	1	9:12.32**

* penalty - 10s going out-of-course, 10s for collision

** bonus - 3s for avoiding collision with boat 8

Race	Final - Premier Women 2000m	5:16 PM	
60a	Teams	Rank	Time
1	Les Gonzesses (H20 Playground)	6	10:30.78
2	EDBRC Women	7	11:03.33
3	Les Chicks (H20 Playground)	5	10:18.11
4	Stratford Women	8	11:12.67*
6	Adrenaline Women (H20 Playground)	3	10:05.12
7	Galley Girls (exhibition)	EXHIB	10:03.41
8	3R Femmes (3R Dragons)	1	9:45.74**
9	OHDBC Premier Women	2	9:48.79***
10	Montreal Women (22 Dragons)	4	10:11.27****

* 2 penalties of 10s, each failure to give way

** bonus 3s for being impeded

*** bonus 3s for being impeded

**** penalty 10s for going out-of-course

**Race Program for Sunday, August 23rd
Canadian National Dragon Boat Championships 2009**

Race	Heat 1 - Senior Women 250m	8:00 AM	
61	Teams	Rank	Time
1	PDBC Masters Women	4	01:11.41
2	CSDC Women (ADBC)	1	01:07.23
3	Montreal Senior Women (22Dragons)	2	01:08.47
4	OHDBC Senior Women	3	01:08.82

Race	Heat 1 - Senior Open 250m	8:10 AM	
62	Teams	Rank	Time
1			
2	CSDC Open (ADBC)	1	01:02.66
3	Montreal Masters (22Dragons)	2	01:03.93
4			

Race	Heat 1 - Premier Mixed 250m	8:20 AM	
63	Teams	Rank	Time
1	Commerce Court Health Centre Big Fish	2	01:02.73
2			
3	Hanalei (ADBC)	1	01:02.41
4	RBC Comets (22Dragons)	3	01:06.20

Race	Heat 2 - Premier Mixed 250m	8:30 AM	
64	Teams	Rank	Time
1	Magic Dragons (22Dragons)	2	01:04.41
2			
3	BMO (22Dragons)	1	01:02.40
4	Cascades Chelsea	3	01:05.57

Race	Heat 3 - Premier Mixed 250m	8:40 AM	
65	Teams	Rank	Time
1	DDBRC Mixed	1	01:03.57
2	Barbares de Quebec (CBD Ville de Quebec)	4	01:05.09
3	Verdun Express (22Dragons)	3	01:04.70
4	Adrenaline Mixed (H2O Playground)	2	01:04.67

Race	Heat 4 - Premier Mixed 250m	8:50 AM	
66	Teams	Rank	Time
1	Les Pics Bois (H2O Playground)	4	01:05.78
2	Sudden Impact Black	3	01:04.90
3	3R Dragon Mixte A	1	01:03.13
4	Half Row (H2O Playground)	2	01:04.87

Race	Heat 5 - Premier Mixed 250m	9:00 AM	
67	Teams	Rank	Time
1	SCC Team Chiro	3	01:02.83
2	3R Dragon Mixte B	4	01:04.47
3	SRP	2	01:02.60
4	Verdun Adrenaline (22Dragons)	1	01:02.02

Race	Heat 6 - Premier Mixed 250m	9:10 AM	
68	Teams	Rank	Time
1	Phoenix ETS - Fireball (22Dragons)	3	01:05.63
2			
3	Mofos (OHDBC)	1	01:03.33
4	Montreal Mix (MDBRC)	2	01:04.00

Race	Final A - Senior Women 250m	9:20 AM	
69	Teams	Rank	Time
1	OHDBC Senior Women	3	01:09.78
2	CSDC Women (ADBC)	1	01:08.19
3	Montreal Senior Women (22Dragons)	2	01:09.01
4	PDBC Masters Women	4	01:11.31

Race	Final A - Senior Open 250m	9:30 AM	
70	Teams	Rank	Time
1			
2	CSDC Open (ADBC)	1	01:03.00
3	Montreal Masters (22Dragons)	2	01:03.86
4			

Race	Semi-Final C - Premier Mixed 250m	10:10 AM	
71	Teams	Rank	Time
1	RBC Comets (22Dragons)	3	01:07.58
2	Barbares de Quebec (CBD Ville de Quebec)	2	01:06.07
3	Cascades Chelsea	1	01:05.73
4			

Race	Semi-Final C - Premier Mixed 250m	10:18 AM	
72	Teams	Rank	Time
1	Les Pics Bois (H2O Playground)	3	01:05.60
2	Sudden Impact Black	1	01:04.71
3	Phoenix ETS - Fireball (22Dragons)	2	01:05.37
4			

Race	Semi-Final B - Premier Mixed 250m	10:24 AM	
73	Teams	Rank	Time
1	Verdun Express (22Dragons)	4	01:05.10
2	Montreal Mix (MDBRC)	2	01:04.02
3	Magic Dragons (22Dragons)	3	01:04.43
4	Half Row (H2O Playground)	1	01:03.83

Race	Semi-Final B - Premier Mixed 250m	10:32 AM	
74	Teams	Rank	Time
1	Adrenaline Mixed (H2O Playground)	3	01:05.38
2	DDBRC Mixed	1	01:04.12
3	3R Dragon Mixte B	2	01:04.46
4			

Race	Semi-Final A - Premier Mixed 250m	10:40 AM	
75	Teams	Rank	Time
1	SCC Team Chiro	1	01:02.44
2	BMO (22Dragons)	3	01:02.87
3	Hanalei (ADBC)	2	01:02.62
4	3R Dragon Mixte A	4	01:02.93

Race	Semi-Final A - Premier Mixed 250m	10:48 AM	
76	Teams	Rank	Time
1	Commerce Court Health Centre Big Fish	3	01:02.86
2	Verdun Adrenaline (22Dragons)	1	01:01.83
3	SRP	2	01:02.40
4	Mofos (OHDBC)	4	01:03.73

Race	Heat 1 - Senior Mixed 250m	10:56 AM	
77	Teams	Rank	Time
1	CSDC (ADBC)	1	01:05.00
2	Le 40+ (H2O Playground)	3	01:06.44
3	PDBC Masters	2	01:06.30
4	Maitres Dragons (Hydro Quebec)	4	01:06.62

Race	Final C Consolation - Premier Mixed 250m	11:04 AM	
78	Teams	Rank	Time
1	RBC Comets (22Dragons)	3	01:06.48
2	Barbares de Quebec (CBD Ville de Quebec)	2	01:05.62
3	Les Pics Bois (H2O Playground)	1	01:05.53
4			

Race	Final C Championship - Premier Mixed 250m	11:12 AM	
79	Teams	Rank	Time
1	Phoenix ETS - Fireball (22Dragons)	2	01:05.73
2	Sudden Impact Black	1	01:05.63
3	Cascades Chelsea	3	01:06.10
4			

Race	Final B Consolation - Premier Mixed 250m	11:20 AM	
80	Teams	Rank	Time
1	Verdun Express (22Dragons)	2	01:05.68
2	Adrenaline Mixed (H2O Playground)	3	01:05.77
3	Magic Dragons (22Dragons)	1	01:04.79
4			

Race	Final B Championship - Premier Mixed 250m	11:28 AM	
81	Teams	Rank	Time
1	Montreal Mix (MDBRC)	1	01:03.93
2	DDBRC Mixed	2	01:04.30
3	Half Row (H2O Playground)	4	01:04.46
4	3R Dragon Mixte B	3	01:04.40

Race	Final A Consolation - Premier Mixed 250m	11:36 AM	
82	Teams	Rank	Time
1	3R Dragon Mixte A	3	01:03.41
2	Commerce Court Health Centre Big Fish	1	01:02.41
3	BMO (22Dragons)	2	01:02.50
4	Mofos (OHDBC)	4	01:03.93

Race	Final A Championship - Premier Mixed 250m	11:44 AM	
83	Teams	Rank	Time
1	Hanalei (ADBC)	4	01:03.36
2	Verdun Adrenaline (22Dragons)	1	01:01.96
3	SCC Team Chiro	2	01:02.13
4	SRP	3	01:02.50

Race	Final A - Senior Mixed 250m	11:52 AM	
84	Teams	Rank	Time
1	Le 40+ (H2O Playground)	3	01:06.24
2	CSDC (ADBC)	1	01:05.01
3	PDBC Masters	2	01:05.97
4	Maitres Dragons (Hydro Quebec)	4	01:07.00

Race	Heat 1 - Premier Women 250m	12:30 PM	
85	Teams	Rank	Time
1	EDBRC Women	4	01:11.44
2	Les Chicks (H2O Playground)	3	01:10.21
3	SRP Women	2	01:09.40
4	3R Femmes (3R Dragons)	1	01:07.31

Race	Heat 2 - Premier Women 250m	12:40 PM	
86	Teams	Rank	Time
1	Montreal Women (22 Dragons)	1	01:05.70
2			
3	OHDBC Premier Women	1	01:05.70
4	Les Gonzesses (H2O Playground)	3	01:09.87

Race	Heat 3 - Premier Women 250m	12:50 PM	
87	Teams	Rank	Time
1	Galley Girls	2	01:07.61
2	ADBC Premier Women	3	01:08.20
3	Adrenaline Women (H2O Playground)	1	01:07.33
4	Stratford Women	4	01:08.70

Race	Heat 1 - Premier Open 250m	1:00 PM	
88	Teams	Rank	Time
1	Les Brutes (H2O Playground)	1	01:02.10
2			
3	EDBRC Open	2	01:02.63
4	ADBC II	3	01:02.96

Race	Heat 2 - Premier Open 250m	1:10 PM	
89	Teams	Rank	Time
1	SRP Open	1	01:00.52
2	Shaka (OHDBC)	4	01:01.56
3	3R Hommes (3R Dragons)	2	01:00.92
4	Mahjongg Montreal Men (22 Dragons)	3	01:01.33

Race	Semi-Final A/B - Premier Women 250m	1:40 PM	
90	Teams	Rank	Time
1	Les Gonzesses (H2O Playground)	4	01:09.74
2	3R Femmes (3R Dragons)	1	01:06.80
3	Adrenaline Women (H2O Playground)	2	01:07.10
4	Les Chicks (H2O Playground)	3	01:08.80

Race	Semi-Final A/B - Premier Women 250m	1:50 PM	
91	Teams	Rank	Time
1	SRP Women	3	01:09.00
2	OHDBC Premier Women	1	01:06.76
3	Galley Girls	2	01:07.63
4	EDBRC Women	4	01:10.78

Race	Semi-Final A/B - Premier Women 250m	2:00 PM	
92	Teams	Rank	Time
1	Stratford Women	3	01:07.80
2	Montreal Women (22 Dragons)	1	01:05.27
3	ADBC Premier Women	2	01:07.43
4			

Race	Final A Consolation - Premier Open 250m	2:10 PM	
93	Teams	Rank	Time
1	ADBC II	1	01:01.90
2	Les Brutes (H2O Playground)	3	01:02.26
3	EDBRC Open	2	01:01.92
4		4	

Race	Final A Championship - Premier Open 250m	2:20 PM	
94	Teams	Rank	Time
1	Mahjongg Montreal Men (22 Dragons)	1	01:00.58
2	SRP Open	3	01:01.21
3	3R Hommes (3R Dragons)	2	01:01.17
4	Shaka (OHDBC)	4	01:01.51

Race	Final B Championship- Premier Women 250m	2:40 PM	
95	Teams	Rank	Time
1	EDBRC Women	2	01:11.07
2	SRP Women	3	01:11.70*
3	Les Gonzesses (H2O Playground)	1	01:10.44
4			

*2sec no drumming

Race	Final A Consolation- Premier Women 250m	2:50 PM	
96	Teams	Rank	Time
1	Stratford Women	3	01:08.67
2	ADBC Premier Women	2	01:08.56
3	Galley Girls	1	01:07.77
4	Les Chicks (H2O Playground)	4	01:08.70

Race	Final A Championship- Premier Women 250m	3:00 PM	
97	Teams	Rank	Time
1	3R Femmes (3R Dragons)	3	01:06.20
2	Montreal Women (22 Dragons)	1	01:05.39
3	OHDBC Premier Women	2	01:05.80
4	Adrenaline Women (H2O Playground)	4	01:07.37

Race	Final A - Senior Mixed 2000m	3:30 PM	
98	Teams	Rank	Time
3	Maitres Dragons (Hydro Quebec)	2	09:47.28
4	PDBC Masters	3	09:56.04
5	Le 40+ (H2O Playground)	4	10:01.61*
6	CSDC (ADBC)	1	09:21.93

* 10s penalty for failing to give way

Race	Final B/C - Premier Mixed 2000m	3:31 PM	
99	Teams	Rank	Time
1	RBC Comets (22Dragons)	9	09:49.99
2	Barbares de Quebec (CBD Ville de Quebec)	8	09:44.43
3	Cascades Chelsea (exhibition)	exh	10:05.28*
4	Phoenix ETS - Fireball (22Dragons)	2	09:29.57**
5	Les Pics Bois (H2O Playground)	6	09:33.45
6	Sudden Impact Black	3	09:30.49
7	Montreal Mix (MDBRC)	1	09:28.54
8	Adrenaline Mixed (H2O Playground)	4	09:31.50
9	Verdun Express (22Dragons)	5	09:32.19
10	Magic Dragons (22Dragons)	7	09:33.62

* 15s penalty for collision and failure to correct course

** 3s bonus for being hindered in collision

Race	Final A/B - Premier Mixed 2000m	4:15 PM	
100	Teams	Rank	Time
1	Half Row (H2O Playground)	7	09:32.34
2	3R Dragon Mixte B	9	09:41.80*
3	BMO (22Dragons)	3	09:11.97
4	EDBRC Mixed	8	09:38.27
5	3R Dragon Mixte A	5	09:15.40
6	SRP	4	09:14.04
8	Hanalei (ADBC)	6	09:18.22
9	Verdun Adrenaline (22Dragons)	1	09:07.93
10	SCC Team Chiro	2	09:09.43

* 10s penalty for deviating out-of-lane

Premier Mixed 2000m Summary	Time	Rank
Verdun Adrenaline (22Dragons)	09:07.93	1
SCC Team Chiro	09:09.43	2
BMO (22Dragons)	09:11.97	3
SRP	09:14.04	4
3R Dragon Mixte A	09:15.40	5
Hanalei (ADBC)	09:18.22	6
Montreal Mix (MDBRC)	09:28.54	7
Phoenix ETS - Fireball (22Dragons)	09:29.57	8
Sudden Impact Black	09:30.49	9
Adrenaline Mixed (H2O Playground)	09:31.50	10
Verdun Express (22Dragons)	09:32.19	11
Half Row (H2O Playground)	09:32.34	12
Les Pics Bois (H2O Playground)	09:33.45	13
Magic Dragons (22Dragons)	09:33.62	14
EDBRC Mixed	09:38.27	15
3R Dragon Mixte B	09:41.80	16
Barbares de Quebec (CBD Ville de Quebec)	09:44.43	17
RBC Comets (22Dragons)	09:49.99	18
Cascades Chelsea (exhibition)	10:05.28	Exhibition